

REPORT 2018 – 2019

THE
BANGALORE SOCIETY OF OBSTETRICS AND GYNAECOLOGY



THE FEDERATION OF OBSTETRIC & GYNAECOLOGICAL SOCIETIES OF INDIA

Trade World C-5,6,7,9,12,13, 1st Floor, D Wing, Kamala City, Senapati Bapat Marg, Lower Parel (W),
Mumbai - 400013

PRESIDENT'S ROTATING TROPHY

Period from April 1, 2018 to March 31, 2019

General Information

Name of the Society - BANGALORE SOCIETY OF OBSTETRICS AND GYNAECOLOGY

Postal Address - No.16/F, API BHAVANA, Millers Tank Bed Area, Vasanthnagar, Bengaluru - 560052

Total Membership - **1151** members

ANNUAL REPORT 2018-2019 INDEX

Organizational and Administrative Activities Section

- General Body meetings
- Managing Committee meetings
- Society Constitution
- Audited Accounts
- Election process
- Attendance of Representatives at Managing Committee meetings of FOGSI
- FOGSI Correspondence
- Subscription payments and New member details

Total Events: 11 meetings. (excluding AICOG meetings)

Academic and Scientific Activities Section

- Annual Conference of the society
- Other Conferences and Academic Activities
- Post Graduate Education and CME activities
- International Faculty & National Faculty
- Publications and articles related to women's health
- Participation in FOGSI Programmes – FOGSI Workshops

Total Events: 29 including AICOG 2019, number of workshops – AICOG 12, others – 5

Public Service Activities related to Women's health section

- Health Camps & Public Awareness activities- **Shramadaan** (ANC, Cancer Prevention, Anemia screening), **Navachetana**, (Adolescent sexual reproductive health education) Media talks.

Total Events: 34

All Round Activities Section

- Non Academic Programmes- Cultural programmes.- **Golden Jubilee celebration**
- Awards - national & International
- Young Talent promotion
- Research activities – Audits, Surveys & metacentric study
- Quiz- Undergraduate and Post graduate
- Activities with other societies
- Publications: articles in indexed journals, chapters, souvenirs, newspaper articles.
- Cultural Activities

Total Events: cultural events including AICOG - 5, QUIZ – 3, Young talent promotion – 8, Activity with FOGSI and other society – 8

The CMEs and Conferences gave 44 ICOG points and 16 KMC Credit hours

BANGALORE SOCIETY OF OBSTETRICS AND GYNAECOLOGY, TEAM 2018 – 2019

The New Committee for BSOG was sworn on @ Hotel Lalit Ashok



- **Dr.Shobha N Gudi – President**
- **Dr.Jyothi G S – Hon.Secretary**
- **Dr.Shirley George – Hon.Treasurer**

THE NEW TEAM 2018 – 19



Office Bearers

Dr. Shobha N Gudi

President

Dr. Nagarathnamma R –

President Elect

Dr. Srinivas K–

Vice President

Dr.Jyothi G S –

Hon.Secretary

Dr. Shubha Rama Rao –

Jt.Secretary

Dr. Shirley George –

Hon.Treasurer

Dr. Chandrika Muralidhar –

Imm. Past President.

EC Members

Dr. Aruna Muralidhar

Dr. Mahesh Koregol

Dr. Manjula Patil

Dr. Rekha Rajendrakumar

Dr. Sriprada Vinekar

Dr. Soumya Mahesh Koregol

Dr.Tara D

Dr. Vijaykumar S Koravi

Dr. Vijay Kumar C R

Invited Faculty

Dr.Kamini A Rao

Dr.Hema Divakar

Dr.Sheela V Mane

Advisory Committee

Dr.Gomathy Narayanan

Dr.Jaya Narendra

Dr.Padmini Isaac

Dr. Pushpa Srinivas

Dr.Vidya V Bhat

Theme: Nurture the future – Empower the adolescent girl



ORGANISATIONAL AND ADMINSTRATIVE ACTIVITY SECTION

ANNUAL GENERAL BODY MEETING

AGM Held on 02nd Oct 2018 at hotel Le Meridien, Bangalore

EGM held on 16th December 201 @ KMC Auditorium

EXECUTIVE MANAGING COMMITTEE MEETINGS

TOTAL NUMBER OF MEETING HELD - 6

DATES ON WHICH THE MEETINGS HELD

04th May 2018

04th June 2018

18th July 2018

14th Sep 2018

16th Dec 2018

12th Feb 2019

Emergency Meeting

22nd May 2018

4th June 2018

Medico legal committee meeting

21st November 2018

JOINT EC MEETING

Jt. EC meeting held on 11th March 2019 at Century Club,
Cubbon Park road, Bengaluru..

ACADEMIC AND SCIENTIFIC SECTION

Sl.No	Date	Program	Place
1	08/04/2018	Caring for the tender teens & Investiture Ceremony	Hotel Le-Meridien, Bangalore
2	15/04/2018	CPD – IOTA	API Bhavana, Bangalore
3	24/04/2018	CPD – Laparoscopic Surgery in Gynaecology	BMC – Skills Lab
4	03/05/2018	PPIUCD accreditation Program	Saptagiri Hospital, Bangalore
5	8/4/2018	Gurukul – I Trimester Ultrasound	Bangalore Fetal Medicine centre, Indiranagar
6	19/05/2018	CME on – Adolescent issue & obstetric emergencies	Mandya Medical Collge, Mandya
7	22/05/2018	CME on Endometriosis – The Enigmatic Disease	Hotel Lalit Ashok
8	07/06/2018	PPIUCD Accreditation Programme	Baptist Hospital, Bangalore
9	09 th & 10 th /06/2018	Live Robotic Surgery Workshop & Gynaecological Oncology	9 th June – Narayana Hrudayalaya Hospital, 10 th June – Chancery Pavilion, Bangalore
10	20 th June – 24 th June 2018	BSOG PG CME	API Bhavana, Bangalore
11	29 th ,30 th June 2018 & 1 st July 2018	International Conference on Critical Care in Obstetrics preceded by workshop	29 th June – Workshop – Manipal Hospital, Old Airport Road, 30 th June & 1 st July – Conference – Hotel Le Meridien, Bangalore
12	15 th July 2018	BSOG – FOGSI DKT CME- Gyanvarsha on Contraception & MTP	Hotel Lalit Ashok, Bangalore
13	21 st & 22 nd July 2018	Endovision 2018- Conference on Infertility and Endoscopy with dry workshop	Hotel Le Meridian, Bangalore
14	5 th & 6 th August	Resolve Infertility – Live workshop	Bangalore Baptist Hospital
15	14 th Aug 2018	Scientific Session on Beginning of new life and YUVA Oration Dr. Ratna Bai Morey memorial day- BSOG Golden Jubilee year Celebration	Hotel Le Meridian, Bangalore
16	25 th Aug 2018	BSOG-FOGSI Quiz	API Bhavana
17	01 st Sep 2018	PICSEP Workshop on Research Methodology FOGSI – BSOG – JOGI	Bangalore Medical College
18	10 th Sep 2018	Scientific Seession on Inositols	Hotel Lalit Ashok
19	24 th Sep 2018	ISP Program on Pre Eclampsia	Chancery Pavilion, Bangalore

20	02 nd October 2018	FOGSI Scientific session – on Peterm Labour & Annual General Body Meeting	Hotel Le Meridien, Bangalore
21	27 th & 28 th October 2018	BSOG Annual Conference - Gyanavarsha 2018	Gayathri Vihar, Palace Ground, Bangalore
22	16 th Dec 2018	Extra Ordinary General Body meeting & Session of Fitness for Fraternity	KMC Auditorium, Opp: API Bhavana, Bangalore
22	08 th Jan 2019 – 12 th Jan 2019	AICOG 2019	Gayathri Vihar, Palace Ground, Bangalore
23	17 th Feb 2019	FOGSI Quiz	@ KIMS Auditorium
24	19 Feb 2019	FOGSI – Family Welfare	Hotel Ritz Carlton,
25	24 th February	Live Office Hysteroscopy workshop	Sagar Chandramma Hospital
26	26 th February	CPD – Advanced Laparoscopy Training	Radhakrishna Multispeciality Hospital
27	28 th February	PPIUCD Accreditation programme	KIMS Hospital
28	28 th March 2019	Undergraduate quiz	Jain Hospital Auditorium
29	30 th March 2019	CME on Adolescent PCOS in association with PCOS Society	Hotel Taj Vivanta

PUBLIC SERVICE ACTIVITIES RELATED TO WOMEN HEALTH - Shramadaan

Sl.No	Date	Activity Name	Venue
1	20 th May 2018	Divine Mother & Babies Program run by Sathya Sai Foundation	Chickaballapur
2	3 rd June 2018	From Vanivilas Coordinated Camp	PHC, Bidadi
3	12 th June 2018	Shramadaan Camp	Kaggalipura
4	18 th June 2018	Divine Mother & Baby Program	Muddenahalli
5	16 th July 2018	Divine Mother & Baby Program	Muddenahalli
6	26 th July 2018	Shramadaan Camp	Chickaballapur
7	19 th Aug 2018	Divine Mother & Baby Program	Chickaballapur
8	16 th Sep 2018	Divine Mother & Babies Program with Sathya Sai Foundation	Chickaballapur Dist
9	30 th Sep 2018	Maha Shramadaan	Mysore
10	21 st Oct 2018	Divine Mother & Baby Program	Chickaballapur
11	18 th Nov 2018	Divine Mother & Baby Program	Chickaballapur
12	16 th Dec 2018	Divine Mother & Baby Program	Muddenahalli and around PHCs

13	20 th Jan 2019	Divine Mother & Baby Program with Sathya Sai Foundation	Muddenahalli and around PHCs
14	21 st Jan 2019	Shramadaan with association with sathya sai foundation	Muddenahalli and around PHCs
15	3 rd Feb 2019	Health Check up in association with Sroptomist	Kakalachinte, Chickaballapur Dist.
16	9 th Feb 2019	Camp at KSRP	Koramangala, Bengaluru
17	Feb 17 th 2019	Divine Mother & Child Program	Bengaluru
18	March 17 th 2019	Shramadaan with association with sathya sai foundation	Muddenahalli and around PHCs

Walkathon

Sl.No	Date	Activity Name	Venue
1	01/04/2018	Walkathon -PCOS Awareness	St.Joseph Ground
2	15 th December 2018	AICOG Curtain Raiser - Walkathon	Freedom Park
3	08 th March 2019	Womens Day Walkathon – Cancer Free India	BSOG,FOGSI & IMS Initiative

Navachethana

Sl.No	Date	Activity Name	Venue
1	10 th July 2018	Navachethana	Jyothi Kendria Vidyalaya
2	30 th July 2018	Navachethana	BNM Public School
3	2 nd Aug 2018	Navachethana	BBUL Jain School
4	11 th Sep 2018	Navachethana with Shramadaan	Doddballapur
5	20 th Sept 2018	Navachetana, in association with FPAI	Panchajanya Sevakshetra school, Bengaluru
6	9 th Nov 2018	Navachethana	Hebbal, Govt School
7	10 th Nov 2018	Navachethana with Sroptomist	Sir M Vishweshwaraiah Govt School
8	20 th Nov 2018	Navachethana with Rotary	BBMP School, Srirampuram
9	22 nd Nov 2018	Navachethana	Sathya Sai Ashram
10	28 th Nov 2018	Navachethana in association with Rotary	DSP School, Electronicity, Bangalore
11	13 th Dec 2018	Anemia Screening	Govt.School, Chintamani
12	29 th Jan 2019	HB Test	at Govt High School, Hebbal
13	14 th March 2019	Navachetana in association with Karnataka Cancer Care Society	Acharya Institute Hessarghatta.

PROCEEDINGS OF AGM HELD ON 2ND OCTOBER 2018 AT HOTEL LE MERIDIEN BENGALURU

The meeting began at 3.45pm. The ballot papers had been issued a few minutes before for which there was objection by Dr.PushpaSrinivas. Therefore a five minutes break was taken and AGM was declared open again. Dr.PushpaSrinivas advised to follow the protocols of AGM

Agenda 1: reading the minutes of AGM & EGM of the year 2017-18

Dr.Jyothi G S, Hon.Secretary 2018-19 read the minutes of AGM and EGM of previous year. It was proposed by Dr.Susheela Rani B S and Seconded by Dr.Mohini Prasad

Agenda2: Adaptation of Secretary Report 2017-18

Dr.Shilpa G B presented secretary report 2017-18. The effort of previous team was appreciated.

The report was proposed by Dr.Jayanthi and seconded by Dr.Malini

Agenda 2: Adaptation of Treasurer Report

Dr.Ashakiran T R presented audited accounts of the year 2017-18

Dr.Sheela C N proposed the report and it was seconded by Dr.Jyothika Desai

Adaptation of Auditor

The president said BSOG would continue with the same auditor

Agenda 3: Election of the Office bearers and executive committee

The Election officers were Dr. Narayanan R, Dr.Venkatesh N and Dr.Shobha N Gudi.

The ballot paper was issued taking the signatures of each member. The nominees introduced themselves. There were 12 contestants for EC member and two contestants for Jt. Secretary. The nomination for EC received by Dr.Mangaladevi was not accepted as she had held the post of Hon.Secretary two years back.

Election was conducted for EC and Jt. Secretary. Dr.Thejavathy was elected as president elect, Dr.Shilpa G B as vice president unopposed.

Application for Jt.treasurerpost byDr.Jyothi G S It was decided that after taking the post of Hon.Secretary one cannot contest for the lower post. The constitution says those who complete 3 yrs EC should contest again for EC but to take higher post or to discontinue for minimum 2 years and can come back to EC. There is lack of clarity for office bearers post. There was lack of clarity in office bearers .As a final decision two resolutions emerged.

1. To conduct an EGM for the purpose of electing Jt. Treasurer by calling for nomination.
2. To conduct another EGM for the purpose of amendments.

Dr. Narayanan R suggested for E-voting .Dr.Susheela Rani suggested video recording of AGM which will help in identifying the comments and suggestions made during AGM

Dr.PrathimaRadhakrishna, the joint Treasurer's absence was discussed. She had sent her apology 2 weeks back to elections officers. Her post automatically gets upgraded to the post of treasurer and the post of treasurer is not for contest. Therefore her presence was not deemed to be in for AGM.

Dr.Venkatesh suggested that election officers need to be invited for a meeting before AGM

The election was conducted with full propriety and the results were announced.

Dr.RekhaRajendrakumar was elected to the post ofJt.Secretary

The elected EC members were

Dr. Indira Reddy

Dr. Mahesh Koregol

Dr.ManjulaPatil

Dr.Nagendra Prasad

Dr.Vishma Shetty

Dr.Sunitha

Dr.Shanthala

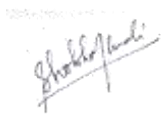
Dr.SripradaVinekar

Dr.RevathiRajan

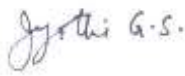
Any other matter with the permission of chair

Dr.Shobha N Gudi proposed to donate instruments of Cancer Care India, an NGO which conducts cancer screening in rural areas for women. Dr. Indira Prasad, life member of BSOG is incharge of this organisation.

Dr.Shobha N Gudi also mentioned about providing financial support for girl child. She added that she has identified a trust called Vathsalya trust, which provides education for children and runs few schools also for underprivileged children.



Dr.Shobha N Gudi
President – BSOG



Dr.Jyothi G S
Hon.Secretary – BSOG



Dr.Shirley George
Hon.Treasurer – BSOG

EGM held on 16th December 2018 @ KMC Auditorium

A re-Election was conducted for the post of Jt.Treasurer for the year 2019-20 on 16th December in Extra ordinary General Body meeting. Dr. Aruna Muralidhar was elected as Jt.Treasurer

1st EC Meeting @ API Bhavana on 04/05/2018 from 3 PM to 4 PM

Agenda:

- Reading the Minutes of Jt EC Meeting
- Presentation of Investiture programme
- Presentation of Gurukul programmes
- Presentation of forthcoming Events
- Update on Shramadan activities
- Discussion on office matters
- Any other matter with the permission of chair

Members present:

Dr. Shobha N Gudi
Dr. Shirley George
Dr. Gomathy Narayanan R
Dr. Pushpa Srinivas
Dr. Padmini Isaac
Dr. Mahesh Koregol
Dr. Soumya Koregol
Dr. Vijaykumar C R
Dr. Prathima Radhakrishnan
Dr. Rekha Rajendrakumar
Dr. Tara D
Dr. Chandrika Muralidhar
Dr. Sheela V Mane
Dr. Nagarathnamma R
Dr. Srinivas K

Apologies

Dr. Shubha Rama Rao
Dr. Vijaykumar Koravi
Dr. Sriprada Vinekar

2nd EC Meeting:

Dt: 04/06/2018

Agenda:

- Reading the minutes of first EC meeting
- Update of Emergency EC meeting held on 22nd May
- All matters regarding Critical Care conference
- Revised Salary of office Staff
- Building Matters
- Purchase of Projector
- Any other matter with the permission of Chair

3rd EC Meeting on 18th July 2018 at API BHAVANA

The Agenda of the meeting is:

1. Report on ICCOB 2018 conference
2. Discussion on forthcoming activities
3. Discussion on Gnanavarsha
4. Discussion on Golden Jubilee year celebration
5. Presentation of BSOG CME Accounts
6. Any other matter with the permission of Chair

Dt.14/09/2018

4th EC meeting

The agenda of the meeting is as below

1. Update on previous events
2. Presentation of Audited accounts 2017-18 by Dr. Ashakiran
3. Finalising AGM date
4. Finalising Gnanavarsha dates and organising committee
5. update on Shramadaana and Navachethana
6. Building matters
7. Office Matters
8. Any other matter with the permission of chair

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The Agenda is

1. Report on Gnanavarsha
2. Update on on-going and upcoming events, Shramadaana, Navachetana
3. Monetary contribution to Dr.Ratnabai morey oration - request by KSOGA
5. Any other matter with the permission of chair.

5TH EC meeting on 16h December 2018

Agenda:

1. Report on Gnanavarsha
2. Update on on-going and upcoming events, Shramadaana, Navachetana
3. Monetary contribution to Dr.Ratnabai morey oration - request by KSOGA
5. Any other matter with the permission of chair.

Members Present:

Dr. Shobha N Gudi
Dr. Srinivas K
Dr. Jyothi G S
Dr. Shubha Rama Rao
Dr. Nagarathnamma R
Dr. Prathima Radhakrishna
Dr. Mahesh Koregol
Dr. Soumya Mahesh
Dr. Rekha Rajendrakumar
Dr. Sriprada Vinekar
Dr. Tara D
Dr. Vijaykumar Koravi
Dr. Sheela V Mane
Dr. Gomathy Narayanan R
Dr. Jaya Narendra
Dr. Pushpa Srinivas

6th EC meeting on 12th February, Tuesday, at API bhavana, 2.00 pm

The Agenda is

1. Preparation for upcoming programs
2. Fixing of Joint EC meeting
3. Rejuvenation of protocol & Guidelines committee
4. KSOGA matters
5. Any other matter with the permission of chair.

Members Present:

Dr. Shobha N Gudi
Dr. Srinivas K
Dr. Jyothi G S
Dr. Shirley George
Dr. Shubha Rama Rao
Dr. Nagarathnamma R
Dr. Prathima Radhakrishna
Dr. Chandrika Muralidhar
Dr. Aruna Muralidhar
Dr. Mahesh Koregol
Dr. Manjula Patil
Dr. Soumya Mahesh
Dr. Rekha Rajendrakumar
Dr. Sriprada Vinekar
Dr. Tara D
Dr. Sheela V Mane
Dr. Gomathy Narayanan R
Dr. Pushpa Srinivas
Dr. Padmini Isaac

JOINT EC MEETING

11TH MARCH 2019. CENTURY CLUB, BENGALURU

Agenda:

Overview of events and activities of the year 2018-19

Overview of Income and Expenditure of the year 2018-19

Committee activity of the year 2018-19 during Jt. EC meeting.

The following are the committee

Medico Legal committee	Dr. Latha Venkataram
PG forum committee	Dr. Susheela Rani B S
Safe Motherhood committee	Dr. Sheela V Mane
Website	Dr. Gomathy Narayanan
Social Activity	Dr. Shobha N Gudi
Audit and Research Committee	Dr. Shobha N Gudi

Address by outgoing president

Welcoming of new team

Address by Dr. Nagarathnamma R

update on proposed activities by Dr. Nagarathnamma

Emergency EC meeting held on 22nd May 2018 at Hotel Lalit Ashok

Agenda: nominations to FOGSI ELECTIONS

EMERGENCY EC MEETING HELD ON 4TH JUNE 2018 AT API BHAVANA

Agenda: ICCOB matters

Attended by all past presidents and EC members

Emergency Medico Legal committee meeting – 21st November 2018 at API Bhavana

Agenda :Medico legal help to one of our senior member

Attended by:

Dr. Latha Venkataram

Dr. Nandinidevi H R

Dr. Shubha Rama Rao

Dr. Shobha N Gudi

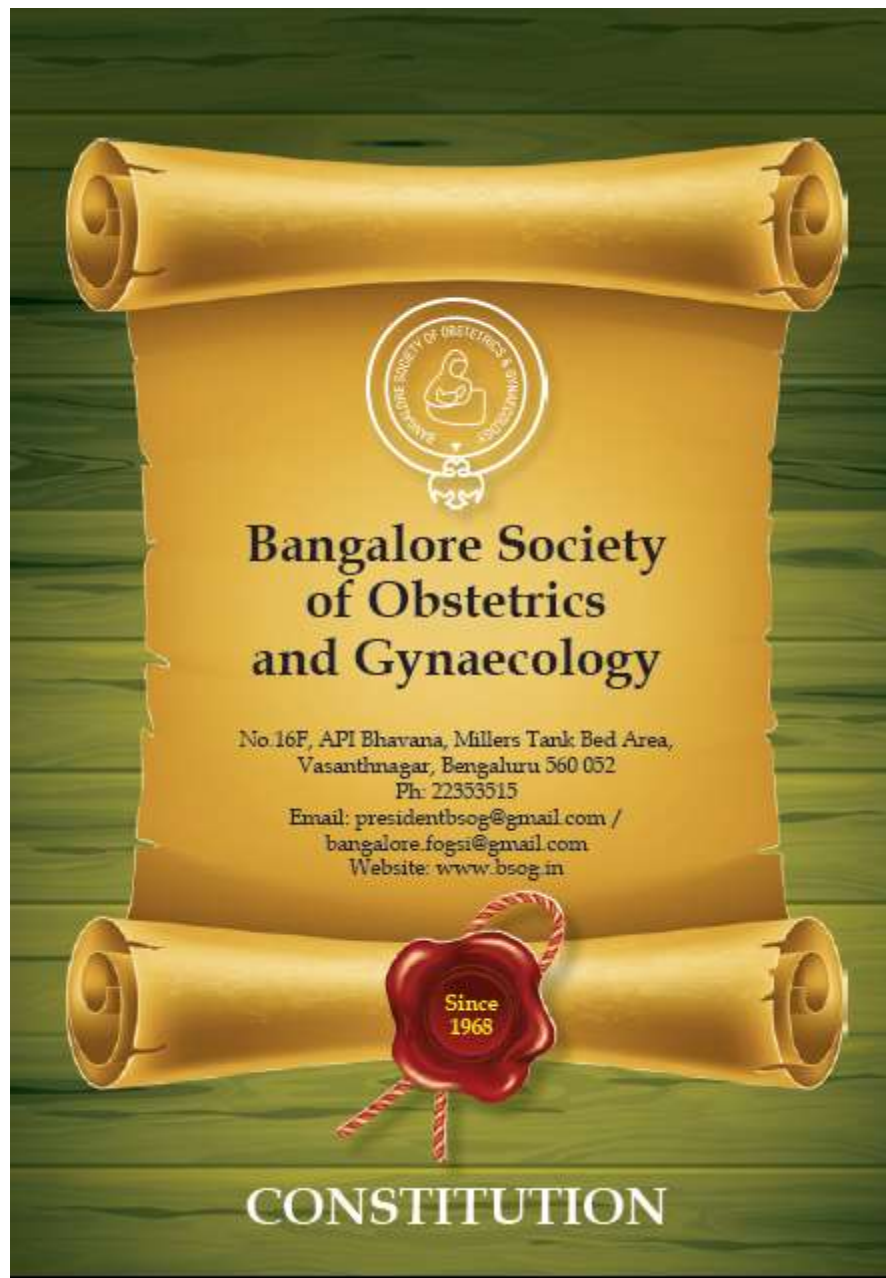
Dr. Susheela Rani B S

Dr. Arulmozhi

Dr. Sheela Mane

Dr. Jyothi G S

Society Constitution (attached separately)



Audit Report 2018 – 2019



GOWTHAMA & COMPANY
CHARTERED ACCOUNTANTS

AUDITOR'S REPORT

We have examined the Balance Sheet of Ms Bangalore Society Of Obstetrics And Gynaecology at 31st March 2018 and the Income and Expenditure Account for the year ended on that date which is in agreement with the books of account maintained by the said Society.

We have obtained all the information and explanations which to the best of our knowledge and belief were necessary for the purpose of the audit. In our opinion, proper books of account have been kept by the Society, so far as appears from my examination of the books subject to the comments given below:

NIL

In our opinion and to the best of my information, and according to information given to us, the said accounts give a true and fair view.

1. In the case of the Balance Sheet, of the state of affairs of the above named Society as at 31st March, 2018 and
2. In case of the Income and Expenditure Account the Excess of income over expenditure of its accounting year ended on March 31st, 2018.

FOR GOWTHAMA AND COMPANY
CHARTERED ACCOUNTANTS
Firm no :005197S


Gowthama H.V.
Partner
M. No. 014353

Date:04.09.2018
Place:Bangalore

➤ ELECTION PROCESS

The Election was conducted at AGM on 2nd October 2018

Dr. Nagarathnamma and Dr. Shubha Rama Rao was already elected in the last year AGM as President and Hon.Secretary respectively for the year 2019-20

Dr. Prathima Radhakrishna was elected as Jt.Treasurer who takes the post of Hon.Treasurer for the year 2019-20

The results of election for other post were as below

Dr. Rekha Rajendrakumar as Jt. Secretary

Dr. Thejavathy G V as President Elect for the year 2019-20

Following EC members were voted in

Dr. Indira Reddy

Dr. Mahesh Koregol

Dr. Manjula Patil

Dr. Nagendra Prasad

Dr. Vishma Shetty

Dr. Sunitha B

Dr. Shanthala

Dr. Sriprada Vinekar

Dr. Revathi Rajan

A re-Election was conducted for the post of Jt.Treasurer for the year 2019-20 on 16th December in Extra ordinary General Body meeting.

Dr. Aruna Muralidhar was elected as Jt.Treasurer.

Attendance of representatives at Managing Committee meetings of FOGSI
Communication with the FOGSI Office
Names and attendance record of representatives during the year
Annual report submitted and response to communications from FOGSI office

Dr. Shobha N Gudi and Dr. Shubha Rama Rao attended the Managing committee meeting at Dehra Dun at North Zone Yuva FOGSI in April 2018

Dr. Shobha N Gudi attended MCM at Mumbai in September 2018 along with AICOG team, Dr. Hema Divakar and Dr. Sheela V Mane.

Payment of subscription and other dues and new members enrolled during the year
Date of payment and outstanding payments as on April 1with actual new memberships

All Due payments are made as and when we received the subscription from members

Payments are done several time with last payment done on 22nd March 2019

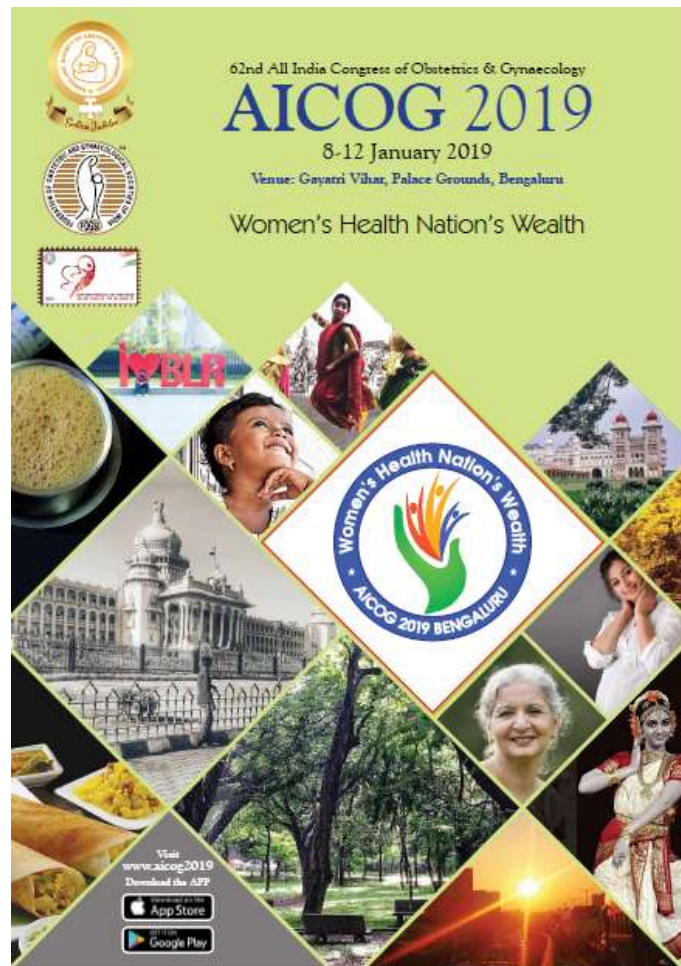
No outstanding payments

Renewal – 959 members

New Members – 192 members

Events 2018 – 2019

62ND ALL INDIA CONGRESS OF OBSTETRICS AND GYNAECOLOGY



The most awaited MEGA EVENT AICOG 2019

Theme of the conference: Womens Health Nations Wealth.

Official Themes: 1. Infertility ;challenges and expanding opportunities.

2. Optomzing Reproductive health : The life cycle approach

3. Rescent advances in Oncology:redefining final frontiers.

4. Maternal fetal medicine : established practices and newer horizons

HIGHLIGHTS :

9,000 delegates approx..

75 international faculty

1500 national faculty

12 pre congress workshops,

9 committee workshops

CG Saraiyya CME

Inauguration : installation of the new president. Dr Nandita Palshetkar , Handing over the medallion by outgoing president Dr Jaydeep Malhotra.

Graced by Sri Sri Ravishankar, Dr Urvashi Dholakia and Dian Hayden

Cultural events with celebrities.

FOGSI has grown tremendously, dealing with over 60 years of knowledge, innovative research and the most up-to-date tools, techniques and integrative approach. With over thousands of participants from all over the country and also countries worldwide, AICOG is now considered a leading congress in the field of Obgyn

AICOG 2019 included faculty comprised of renowned professionals and practitioners from all over the country and the world, presentations on the most updated clinical and laboratory revolutions, evidence based and from practical experience. Covering all relevant issues Obgyn, offered a comprehensive update on all relevant aspects by renowned and world leading experts. – creating an environment for **AICOG 2019** participants to take away applied solutions in to their daily practices.















Annual conference of the society if organized

Conference programme and participation of National and International faculty

Gnanavarsha – Annual conference of the society held on 27th & 28th October 2018 at Gayathri Vihar, Palace grounds, Bengaluru

National and International Faculty

Dr. Hema Divakar
Dr. Shobha N Gudi
Dr. Susheela Rani B S
Dr. Sheela V Mane

Dr. Issac Manyonda



Dr. Jyothika A Desai
Dr. Kamini A Rao
Dr. Arulmozhi Ramarajan
Dr. Bhavaran
Dr. Latha Venkataram
Dr. Sundari N
Dr. Fatima Poonawala
Dr. Mohini N Prasad
Dr. Nagarathnamma R
Dr. Chandrika Muralidhar
Dr. Jayanthi T
Dr. Indukala
Dr. Vidya Thobbi
Dr. Sampath Kumari
Dr. Thejavathy G V
Dr. Krishna L
Dr. Jyothi G S
Dr. J B Sharma
Dr. Devika Gunasheela
Dr. Gomathy Narayanan
Dr. Madhuri Patil
Dr. Sriprada Vinekar
Dr. Vidyamani L
Dr. Nandini Devi H R
Dr. Rekha Rajendrakumar
Dr. Shailaja N
Dr. Shilpa G B
Dr. Malini K V
Dr. Vidya Bhat
Dr. Ramesh B
Dr. Saraswati Ramesh
Dr. Antony Robert
Dr. Prakash Mehta
Dr. Mahesh Koregol
Dr. Somashekar S P

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MEETING OFFICE MEMBERS AND COMMITTEES

OFFICE MEMBERS

Dr. Shobha N Gudi
President

Dr. Nagendranamma R
President Elect

Dr. Jyothi G S
Hon. Secretary

Dr. Srinivas K
Vice President

Dr. Chandrika Mundthar
Joint Vice President

Dr. Shobha Rama Rao
Jt. Secretary

Dr. Shirley George
Treasurer

Dr. Padma Radhakrishnan
Jt. Treasurer

EC MEMBERS

Dr. Aruna Mundthar
Dr. Mahesh Koregol
Dr. Manjula Palli
Dr. Raksha Rajendrakumar
Dr. Sridhara Vinakar
Dr. Sounya Koregol
Dr. Vajaykumar Koral
Dr. Vajaykumar C R
Dr. Tara D

ADVISORY COMMITTEE

Dr. Gomathi Narayanan R
Dr. Jaya Narasimha
Dr. Padma Rao
Dr. Pushpa Srinivas
Dr. Vidya V Bhari

EMERITUS MEMBERS

Dr. Kamini A Rao
Dr. Hema Diskar
Dr. Sheela V Moha

MARKETING COMMITTEE

Dr. Shobha N Gudi
Chairperson

Dr. Jyothi G S
Hon. Secretary

Dr. Shirley George
Hon. Treasurer

SCIENTIFIC COMMITTEE

Dr. Shobha N Gudi
Dr. Jyothi G S
Dr. Shobha Rama Rao
Dr. Nagendranamma R

SCIENTIFIC COORDINATORS

Dr. Sridhara Vinakar
Dr. Raksha Rajendrakumar
Dr. Vajaykumar C R
Dr. Tara D

YVVA SPANDE COORDINATORS

Dr. Aruna Mundthar
Dr. Manjula Palli
Dr. Mahesh Koregol

REGISTRATION, MEMBERSHIP AND CERTIFICATES

Dr. Sounya Mahesh
Dr. Shirley George

VALUE AND TRICE

Dr. Chandrika Mundthar
Dr. Vajaykumar

CULTURAL COMMITTEE

Dr. Srinivas K
Dr. Shobha N Gudi

AUDIO-VISUAL

Dr. Padma Radhakrishnan

YVVA SPANDE

Poster Presentation Judges:
Dr. Tara D, Dr. Mahesh K, Dr. Raksha Rajendrakumar, Dr. Vajaykumar C R, Dr. Padma Radhakrishnan

27th October 2016, Saturday

8:30 - 9:00 am

YVVA Spandhe

Judges: Dr. Subashini, Dr. Vinaka, Dr. Shobha A S
Theme topic: Adolescent health care, clinic and school programme

9:00 - 10:30 am

SESSION 1 - Workshop on Prescription Writing and Medical Therapeutics in Obstetrics

9:00 - 9:15 am

Pharmacokinetics and Dynamics of Drugs Used in Pregnancy

9:15 - 10:30 am

Case scenarios for outpatient and inpatient prescription in high-risk pregnancy: Endocrine Disorders / Hypertension / Haematological / Autoimmune / Neurological Disorders / Infections

10:30 - 10:45 am

Expert Panel:

10:45 - 11:30 am

SESSION 2 - Session on advances in Obstetrics and Maternal surgery techniques

11:30 - 12:15 pm

SESSION 3 - Dr. P R Sreedhara Suresh Oration

12:15 - 1:15 pm

SESSION 4 - Panel discussion on protocols for Management of deliveries in high-risk pregnancy

1:15 - 2:00 pm

Lunch

2:00 - 2:45 pm

SESSION 5 - 8000 Grooming and Oration

2:45 - 3:15 pm

Artificial Intelligence in Medicine - The Move of OBG

3:15 - 4:00 pm

Cultural Program: Palla Jura tale "Namma Radda Namma"

4:00 - 4:15 pm

8000 new TALENT

4:15 - 7:00 pm

Dinner

28th October 2016, Sunday

8:30 - 9:00 am

Judges: Dr. Suresh Kumar, Dr. Sutha C P, Dr. Rakhi Arunkumar

9:00 - 10:30 am

SESSION 1 - Thematic Session - Nurture the Future

9:00 - 9:15 am

The changing dimensions of adolescent sexuality and reproductive rights

9:15 - 9:30 am

Panel Discussion - Meeting the challenges of transition

9:30 - 10:30 am

Moderator: Dr. Sangeetha Kumar

10:30 - 10:45 am

SESSION 2 - Molecules for Current Practice

10:45 - 11:00 am

HPV Vaccine presentation

11:00 - 11:20 am

Update on use of Monoclonal Progesterone in pregnancy

11:20 - 11:30 am

Interaction

11:30 - 12:15 pm

SESSION 3 - Keynotes by Invited Speakers

12:15 - 1:00 pm

SESSION 4 - Dr. Sulochana Gunasheela Oration

1:00 - 1:45 pm

SESSION 5 - Panel Discussion - Current perspectives in management of AUB

1:45 - 2:30 pm

SESSION 6 - Master Class Surgical Videos Workshop

2:30 - 3:45 pm

SESSION 7 - Master Class Surgical Videos Workshop

3:45 - 5:00 PM

SESSION 8 - Master Class Surgical Videos Workshop

5:00 - 5:15 pm

SESSION 9 - Master Class Surgical Videos Workshop

5:15 - 5:30 pm

SESSION 10 - Master Class Surgical Videos Workshop

5:30 - 5:45 pm

SESSION 11 - Master Class Surgical Videos Workshop

5:45 - 6:00 pm

SESSION 12 - Master Class Surgical Videos Workshop

6:00 - 6:15 pm

SESSION 13 - Master Class Surgical Videos Workshop

6:15 - 6:30 pm

SESSION 14 - Master Class Surgical Videos Workshop

6:30 - 6:45 pm

SESSION 15 - Master Class Surgical Videos Workshop

Gnanavarsha 2018 : held @ Gayathri Vihar, Palace Ground, Bangalore

The much awaited annual conference of BSOG on its **golden jubilee** year – **Gnanavarsha 2018** was conducted with all splendor on 27th and 28th of October at Gayitri Vihar, Palace grounds, Bengaluru. The intent of this conference was to create a platform for sharing experience, knowledge and to indulge in some cultural extravaganza.

As the name signifies, Gnana means Knowledge and Varsha means Shower, the two day conference was indeed a shower of knowledge with brilliant scientific sessions. The theme of the conference was Protocols and evolving practices in OBGYN. Adding icing to the cake was the splendid cultural program on the evening of 27th which was a platform for all BSOGians who came together on a common platform and made merry.

The program began on both days at 8am sharp. The first hour was allotted to **YUVA SPARDHE** on both days. It was dedicated to young talent promotion and was the competitive platform for the under 40s in the form of oral papers or posters presentations, giving a great opportunity to many of our young consultants. The themes for Yuva Spardhe for free paper presentations was “**Adolescent health care, clinic and outreach programme**” and for poster was “**Recent advances in OBG**” and miscellaneous. There were three orations, keynote addresses, panels and deliberations covered along with cultural events over a period of two days. Experts from various subspecialties were brought together to deliberate and discuss on various interesting topics. This year the orations were on Fetal Therapy, latest ART techniques and the role of artificial intelligence in the future of medicine. The keynotes which were the highlights of the conference, comprised of hormones for menopausal and the transition and the impact of NCD (Non Communicable Diseases) on pregnancy. The session on adolescent health care in keeping with the theme of BSOG for 2018-19– “**Empower the Adolescent and Nurture the Future**”, panels on obstetric protocols and AUB and the wonderful master class surgical video workshops were the other significant features worth mentioning.

The cultural events need a special mention too. The saga of a village girl was depicted in the folk-lore tale “**Namma Haadu Nammadu**” followed by “**BSOG has TALENT**”. A medley of songs on **Modern Ramayana** enacted by the BSOG members which was very hilarious was nicely matched with the program following it of **Sampurna Ramayana** where a part of the epic was enacted. The Bollywood dance was really classy.

Ms. Malathi was the Chief Guest for the Inauguration BSOG appreciated and acknowledged the prize winners of Yuva Spardhe Drs... and gave away certificates.

books and cash prizes. BSOG gave away cash prizes to the member postgraduates who had secured prizes at zonal, State level and National Conferences for the paper/poster presentations also.

More than 200 delegates and 70 faculty members participated in the conference. There was a good response from postgraduates for free papers and poster presentations on theme topics. All in all, it was a wonderful and memorable conference and was much appreciated by all.















Other conferences and academic activities

Organization of other conferences and orations and participation of National and International faculty

Investiture Ceremony 08/04/2018 held @ Hotel Le Meridien



Bangalore Society of Obstetrics and Gynaecology

Investiture Program
8th April 2018
Hotel Le Meridien, Bengaluru

Masters of ceremony: Dr. Srinivas K, Dr. Aruna Muralidhar

8.30 AM	Registration and welcome	
	Obituary	Paying homage
9.00 - 10.00 AM	Session 1 Caring for the tender teens	Chairpersons: Dr Jyothika Desai Dr Chandrika Muralidhar Dr Padmini Prasad
9.00 - 9.15 AM	Adolescent health: A Global watch	Speaker: Dr K Srinivas
9.15 - 9.30 AM	Adolescent Endometriosis challenges in diagnosis and management	Speaker: Dr Shilpa GB
9.30 - 9.45 AM	Adolescent PCOS: Mitigating the long term effects	Speaker: Dr Preeti Galagali
9.45 - 10.00 AM	Adolescent Gynaec problems: Role of Laparoscopic surgery	Speaker: Dr Vidya V Bhat
10.00 - 10.45 AM	Session 2 Invited Speaker and Invited members Session	Chairpersons: Dr Kamini Rao Dr Hema Divakar Dr Sheela V Mane Dr Shobha N Gudli
	Management of Mullerian anomalies in an adolescent	Speaker: Dr B N Chakravarthy

10.45 - 11.00 AM	Informal time: ECO friendly behavior for BSOGIANS	Dr Meenakshi Bharat
	Introducing the Camp	Dr Satish Babu
11.00 - 11.15 AM	Investiture Ceremony	
	Invocation	Dr Parimala Devi
	Welcome Address	Dr Shubha Rama Rao
	Lighting the Lamp	
11.15 - 11.25 AM	Address by the Outgoing President	Dr Chandrika Muralidhar
11.25 - 11.30 AM	Introduction of Incoming President	Dr Sheela V Mane
11.30 - 11.35 AM	Change of Medallion	
	Oath Taking Ceremony for the Team	
11.35 - 11.45 AM	Appreciation of Past Presidents	
11.45 - 11.57 AM	Address by Incoming President	Dr Shobha N Gudli
11.57 - 12.05 PM	Address by Chief Guest	Dr B N Chakravarthy
12.05 - 12.10 PM	Address by Guest of Honour	Dr Sita Bhateja
12.10 - 12.30 PM	Life Time Achievement Awards:	
	Dr. Srimani Rajagopalan	Introduction by Dr Latha Venkataram
	Dr. Arulmozhi Ramarajan	Introduction by Dr Susheela Rani B S
12.30 - 12.40 PM	Special Awards:	
	• Dr. Chandrika Muralidhar for the successful completion of Presidential Tenure	
	• Best Attendance Award	
12.40 - 12.50 PM	Appreciation of Outgoing Team Declaration: Past President Alumni Association BSOG Youth Brigade	
12.50 PM	Vote of Thanks	Dr Shirley George
1.00 PM	Lunch	

The Golden Jubilee year 2018-19 began with the Investiture ceremony on 8th April 2018 at Hotel Le Meridien Bengaluru. We are happy to note that it was well attended by 200 delegates, with faculty and members of new EC committee.

We were blessed indeed that Dr. Baidyanath Chakravarthy, the stalwart gynaecologist in the field of ART from Kolkata, was with us with his family and friends. His deliberation on Management of Mullerian chaired by DRs Kamini Rao, Hema Diwakar and Sheela Mane

was highly appreciated. Dear Dr. Sita Bhateja madam, was the guest of Honour. The scientific session on caring for the tender teens was chaired by Dr. Chandrika Muralidhar and Dr. Jyothika A Desai. The talks on various aspects of adolescent health by Drs. Srinivas, Shilpa G B, Preeti Galagali, Vidya Bhat were well received

- The Medallion was then passed on by Dr.Chandrika Muralidhar to Dr. Shobha N Gudi,
- A new addition, an oath taking ceremony for the president and the office bearers and EC members was conducted.
- A value addition detail was the flagging off of a digital PPH e- module by Dr. Hema Divakar and Dr. Sheela V Mane.
- We were fortunate that BSOG could confer the life time achievement awards to two of our very worthy past presidents. Dr. Srimani Rajagopalan was felicitated for her long career of promoting vaginal access least invasive surgery in gynaecology and Dr. Arulmozhi Ramarajan was honoured for her valuable contribution towards reducing SAMM (Severe acute maternal morbidity)
- The programme ended on a high note when the president declared the formation of past presidents alumni association and BSOG Youth Brigade and outlined their roles.
- The entire show was compered wonderfully by Dr. Srinivas K and Dr. Aruna Muralidhar.



INTERNATIONAL CONFERENCE ON CRITICAL CARE – Workshop & Conference-

29th June – Workshop @ Mainipal Hospital, Old Airport Raod, Bangalore

30th June & 1st July 2018 Conference @ Hotel Le Meridien, Bangalore

- This was a flagship event of the “Golden Jubilee year of BSOG”, organized by the Bangalore Society of Obstetrics and Gynaecology under the aegis of FOGSI.
- This congress emphasized the importance of care given in critical situations during The Golden Minute to the infant and the Golden Hour to the mother after child birth. Critical care during pregnancy, labour and beyond was the focus of the scientific deliberations with high emphasis on management.
- The program was inclusive of a Pre-Congress Workshop with Nine Different Skill Stations. The scientific sessions included Orations, Keynote Addresses, Panel Discussions, Medico Legal Session and much more.
- About 300 delegate and 120 faculty participated in the conference. The Workshop with 9 stations was conducted in Manipal hospital Venue and other arrangements for the workshop was taken care by Manipal hospital.







Two days Critical Care conference was held in Hotel Le Meridien, Bengaluru

- Two days conference was held in Hotel Le Meridien, Bengaluru. The sessions were divided in two halls. Delegates from all over India participated. The scientific content was appreciated by all.
- We were fortunate to have Dr. C N Purandare and Dr. Dinesh Baswal for the Inauguration and Doctors Day Celebration
- Workshop manuals were given to workshop participants. We plan to upload the live coverage through google link on to the website. Also, there is a series of checklists and take home messages being prepared for the upload as well. ICOG granted 15 credit points and KMC granted 6 credit hours for the workshop and conference through certificates.



















ENDOVISION 2018



A two day event was conducted at 21st and 22nd July at Hotel Le Meridien. About 400 delegates and faculty participated in the conference.

This conference aimed at increasing the knowledge of different techniques in endoscopy, infertility and USG. The platform consisted of master classes, plenary sessions, updates on multiple topics with expert review and discussions.

This Symposium also enlightened upon the endoscopic surgery videos accidents, mishaps, surprises and reconstruction of gynaec pathologies through video – taped surgeries performed by master surgeons. It was a platform to learn newer technology through exhibition training sessions – hysteroscopy and ovum pick and deliberations. Dr. Hafeez Rahaman, Dr. Rajendra Sankpal, Dr. Asha Rao, Dr. Sonal Panchal, Dr. Sandesh kade were the invited faculty.

Dr. Narayanan R, Dr. Srimani Rajagopalan, Dr. Vidyamani L were felicitated for their contribution in the field.

Dr. Aswathnarayan and Dr. Hema Divakar were the chief guests for the inauguration of the conference.

A debate on Laparoscopy and Robotic by Dr. Ramesh and Somashekar was very interactive. The video session, bold the experts was very interesting.











BSOG CME 2018



WEDNESDAY, 20TH JUNE 2018

08.30am - 09.30am	CTG Workshop Dr. Latha Venkatram and team
09.30am - 09.45am	Inauguration and Introduction to DRILLS
09.45am - 10.15am	Coffee
10.15am - 01.15pm	Obstetric Drills
01.15pm - 01.45pm	Lunch
01.45pm - 04.45pm	Obstetric Drills
04.45pm - 05.00pm	SDPP selection
05.00pm - 06.00pm	Ultrasound Workshop Dr. Ramamurthy BS, Dr. Prathima Radhakrishna and team

OBSTETRIC DRILLS

FORCEPS AND VACUUM

Dr. Sujatha Prabhu
Dr. Rajneesh
Dr. Srividya
Dr. Anitha David
Dr. Vimala Kakimada
Dr. Suvarna Jyothi
Dr. Joshita Naik
Dr. Maheshwari
Dr. Kusuma Naik
Dr. Akshitha

PPH MEDICAL

Dr. Manjula NV
Dr. Radhika
Dr. Ashwini
Dr. Taniya
Dr. Soumya K

PPH SURGICAL

Dr. Shipa GB
Dr. Ashokiran T R
Dr. Kavitha Pujar
Dr. Arpitha
Dr. Angeline
Dr. Radhika

PELVIS AND PRESENTATION

Dr. Suvarna
Dr. Roopakala
Dr. Nalini
Dr. Sathya
Dr. Gayathri Reddy
Dr. Jayashree Venkat
Dr. Shylaja
Dr. Hethysli

NEONATAL RESUSCITATION

Dr. Shivala
Dr. Chandrakala
Dr. Sridevi
Dr. Deepa
Dr. Ramswathoori
Dr. Manu

BREECH

Dr. Chandrika Muralidhar
Dr. Shashikala Karanth
Dr. Ramya Shankar
Dr. Vani
Dr. Ashwini Naik
Dr. Rupa
Dr. Soumya Koregol

SHOULDER DYSTOCIA

Dr. Shirley
Dr. Jyothi G S
Dr. Padmakshi
Dr. Madhuri Saha
Dr. Chaitra
Dr. Sharmila
Dr. Mamatha Shetty

ECV, IPV & MRP

Dr. Malini K V
Dr. Raksha
Dr. Shashikala Patil
Dr. Soma K S
Dr. Usha
Dr. Ashok Kumar Devoor
Dr. Shobha N Govil
Dr. Srinivas K
Dr. Umashankar
Dr. Sarojini
Dr. Tejswini
Dr. Bhama

BLS

Dr. Nishanth Hiremath
Dr. Farha
Dr. Neha
Dr. Ginish

FACULTY FOR GYNAEC DRILLS

HYSTEROSCOPY

Dr. Vidya Bhat
Dr. Vijayakumar Koraei
Dr. Mahesh Koregol
Dr. Swetha Arasu
Dr. Rohini
Dr. Sushma
Dr. Yogalakshmi
Dr. Rashmi Patil
Dr. Chaya

LAPAROSCOPY

Dr. Saraswathi Ramesh
Dr. Payal
Dr. Rekha Rajendra Kumar
Dr. Anathi Sridhar
Dr. Karamjeet Kaur
Dr. Harinath
Dr. Sriprada S B Vinekar
Dr. Shafalika
Dr. Bhuvanashree
Dr. Anitha

MVA

Dr. Harsha Billiangady
Dr. Suvama
Dr. Roopakala
Dr. Urvashi
Dr. Tara D
Dr. Hethysli
Dr. Mamatha
Dr. Malathi

COLPOSCOPY

Dr. Sundari N
Dr. Parimaladevi
Dr. Susheela Rani B S
Dr. Jyothika A Desai
Dr. Shubha Rama Rao

PPIUCD INSERTION TRAINING

Dr. Malini K V
Dr. Srinivas K
Dr. Asha Kiran
Dr. Prathima
Dr. Sarojini
Dr. Jagannath Pairu

SURGICAL KNOTS

Dr. Jayanthi
Dr. Thejavathy
Dr. Jyothi G S
Dr. Shashikala Karanth
Dr. Manjula N V
Dr. Anitha David
Dr. Kavitha Pujar
Dr. Ramya Shankar

POP Q

Dr. Kiran Ashok
Dr. Madhusudhan
Dr. Shailaja N
Dr. Nagarathnamma
Dr. Kusuma Naik
Dr. Kirtan Krishna

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THURSDAY, 21ST JUNE 2018

08.00 - 08.20am	Lecture	Pelvic organ supports and Prolapse	Dr. Kiran
08.20 - 08.40am	Lecture	Ensuring safe deliveries - dilemmas despite evidence	Dr. Hema Divakar
08.40 - 09.00am	Lecture	ABG	Dr. Farooq
09.00 - 09.10am	You ask - we answer		
09.10 - 09.40am	Short Case	Abnormal vaginal discharge	Dr. Chopde SS Dr. Rathna Bulusu
09.40 - 10.40am	Long case	RPL	Dr. Sareena Gilvaz Dr. Rajeev Saxena Dr. Venkatesh N
10.40 - 11.10am	Short Case	Fibroid Uterus	Dr. Rita Mhaskar Dr. Rajani Uday
11.10 - 11.25am	Coffee		
11.25 - 11.45am	Basic Sciences Pathology	Hematological evaluation of anemia	Dr. Seethalakshmi
11.45 - 12.05pm		Pathology of Ovarian tumours	Dr. Jyothi Ranganath
12.05 - 12.25pm		Cytological screening for cervical cancer	Dr. Sundari
12.25 - 12.35pm	You ask - We answer		
12.35 - 01.35pm	Long Case	Jaundice in Pregnancy	Dr. Sareena Gilvaz Dr. Sheela C N Dr. Sheela Mane
01.35 - 02.15pm	Lunch		
02.15 - 06.15pm	Gynec Drills		

GYNEC DRILLS

POP Q AND COLPOSCOPY

SUTURES AND KNOTS / MVA

INTERVAL IUCD AND POSTPARTUM IUCD

HYSTEROSCOPY / LAPAROSCOPY

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FRIDAY, 22ND JUNE 2018

08.00 - 09.00am	SDPP	Obstetrics	Dr. Nalini Arunkumar Dr. Tara Dr. Padmasri
09.00 - 10.00am	Long Case	GDM	Dr. Ambarish Bhandiwad Dr. Shobha Guji Dr. Savitha C
10.00 - 11.00am	Long Case	Primary amenorrhoea	Dr. Lakshmi Seshadri Dr. Shobha Shetty Dr. Prameela H J
11.00 - 11.15am	Coffee		
11.15 - 11.45am	Short Case	Breech presentation	Dr. Srinivas Dr. Sujatha M S
11.45 - 12.45pm	Long Case	Ovarian Tumour	Dr. Hareesh Doshi Dr. Shirley George Dr. Grijja
12.45 - 01.15pm	Short Case	Urinary incontinence	Dr. Lakshmi Seshadri Dr. Madhu
01.15 - 01.30pm	Lecture	Tips and tricks to face exams	Dr. Hareesh Doshi
01.30 - 02.30pm	Lunch		
02.30 - 03.30pm	Long Case	Hypertension in pregnancy	Dr. Hareesh doshi Dr. Umadevi Dr. Jyeshi G S
03.30 - 04.00pm	Short Case	Gestational Trophoblastic Neoplasia	Dr. Aruna Kekre Dr. Prashanth Joshi
04.00 - 05.00pm	Long Case	Genital organ prolapse	Dr. Aruna Kekre Dr. Nagarathnamma
05.00 - 06.15pm	Table Viva		Dr. Gomathi Narayanan Dr. Sudha Dr. Suvama

SATURDAY, 23RD JUNE 2018

08.00 - 09.00am	SDPP	Gynecology	Dr. Shoshikala Karanth Dr. Shilpa G B Dr. Poornima M
09.00 - 10.00am	Long Case	Previous Cesarean Delivery	Dr. Hemant Deshpande Dr. Krishna L Dr. Ashakiran T R
10.00 - 11.00am	Long Case	FGR	Dr. Sangeetha Menon Dr. Jyothika A Desai
11.00 - 11.15am	Coffee		
11.15 - 12.15pm	Long Case	Anemia in pregnancy	Dr. Suyagna Joshi Dr. Arulmozhi Ramarajan Dr. Jayanthi T
12.15 - 01.15pm	Long Case	Multiple pregnancy	Dr. Seetha Paricker Dr. Padmaja P Dr. Thejavathy GV
01.15 - 01.35pm	Lecture	Recent advances in management of Infertility	Dr. Kamini A Rao
01.35 - 02.30pm	Lunch		
02.30 - 03.30pm	Long Case	Cancer cervix	Dr. Sangeetha Menon Dr. Bafna U D Dr. Monikrishna
03.30 - 04.00pm	Short Case	Prolonged Pregnancy	Dr. Hemant Deshpande Dr. Ambuja C
04.00 - 05.00pm	Long Case	Infertility	Dr. Ambuja C Dr. Seetha Paricker Dr. Shailaja N
05.00 - 06.00pm	Quiz	Contraception	Dr. Sushreela Rani

SUNDAY, 24TH JUNE 2018

08.00 - 09.00am	SDPP	Fertility & Family Welfare	Dr. Chandrika K Dr. Aruna Muralidhar Dr. Parveen Yousuff
09.00 - 10.00am	Long Case	Post menopausal bleeding	Dr. Shubha Rama Rao Dr. Sunanda Kulkarni Dr. P S Rao
10.00 - 10.30am	Lecture	Research Methodology	Dr. Nachiketh
10.30 - 11.00am	Valedictory		
11.00 - 11.15am	Coffee		
11.15 - 11.45am	Short Case	Preterm labour	Dr. Palaniappan N Dr. Prakash Mehta
11.45 - 12.45pm	Long Case	AUB	Dr. Palaniappan Dr. Malini K V Dr. Sampath Kumar
12.45 - 01.45pm	Long case	Heart disease in pregnancy	Dr. Veerendra Kumar Dr. Bellad M B Dr. Sampath Kumari
01.30 - 02.00pm	Lunch		

SDPP Student Delegate Participation Programme

Students make a Power point presentation on a topic for 7 minutes and defend it for 2 minutes followed by judges' comments for 1 minute. 6 students will be chosen to talk on each day. Interested students may give their names at the time of registration. Selection of students and their topics will be on lots drawn on 20th June 2018. Participating students will be given certificates. Winners in each category will be awarded prize in the valedictory function.

Topics: 22nd June, Friday, Obstetrics

1. VBAc latest guidelines
2. Usefulness of MEDW chart in reducing SAMM
3. Management of DVT in pregnancy
4. New developments in the prediction of Pre-eclampsia
5. Pregnancy outcomes after Bariatric Surgery
6. Recent updates on Subclinical Hypothyroidism

Topics: 23rd June, Saturday, Gynecology

1. Role of molecular markers in Cervical cancer
2. Adverse Reproductive health outcomes following PID
3. Mifepristone in management of Fibroids
4. Extrapelvic Endometriosis
5. Squamous Precursor lesions of Vulva
6. Use of AMH in diagnosis of PCOS

Topics: 24th June, Sunday, Fertility & Family welfare

1. Place of Embryoscope in ART Pregnancies
2. Contraception - ways in which it can affect sexual functioning
3. Evaluating, PCR, Culture & Histopathology in the diagnosis of female genital tuberculosis diseases.
4. Injectable Contraceptives - a revisit
5. Fresh embryo Vs Frozen Embryo transfer
6. SOG

REPORT

Bangalore Society of Obstetrics and Gynaecology conducted its annual CME at API Bhavan, Millers Tank Bund Road, from 20th June to 24th June 2018. This year's CME was also for 5 days. The programme went off smoothly with the wonderful co-operation of all the committee members and EC members.

CME 2018 had 300 delegates of which 83 were from outside Karnataka.

We had dedicated faculty from all over the country. There were around 20 outstation faculty which included, Dr. Sareena Gilvaz from Thrissur, Kerala, Dr. Palaniyappan from Chennai, Dr. Aruna Kekkare from Vellore, Dr. L. Krishna from Kuppam, Dr. Sujatha from Mysore, Dr. Veerendra Kumar from Bellary, amongst others. Long and short case discussions formed the prime focus of the CME. Video assisted skill transfer and Table Viva were the main attraction. New drills were added to make the drills even more useful. These were, BLS, Neonatal Resuscitation, Surgical knots, MVA and POP Q. Case discussions, SDPP provided ample opportunities for the students to prove their knowledge and excellence. The winners of the SDPP were awarded prizes and certificates. The beautiful premises of API Bhavana provided the right environment for the CME. Skyline did a good job on the audiovisuals while GPV Group provided different types of good food on all the 5 days.

Dr. B.S. Susheela Rani
CME Co-ordinator

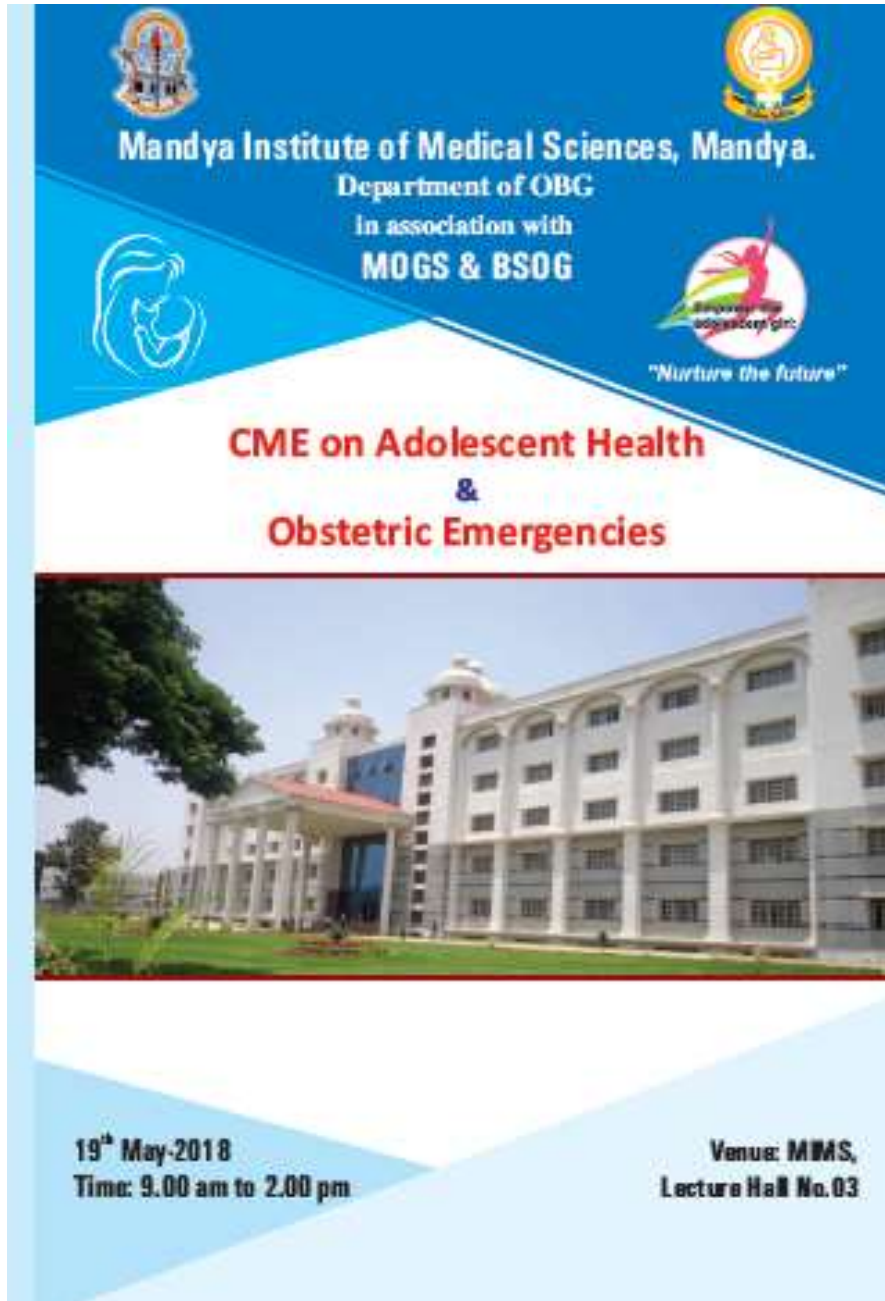






CME ACITIVITY FOR MEMBERS

*CME on adolescent sexual reproductive health at Mandya society as outreach program
with medical college Mandya – 19th May 2018*



The poster features a blue header with the Mandya Institute of Medical Sciences logo and a circular emblem on the right. Below the header, the text reads: "Mandya Institute of Medical Sciences, Mandya. Department of OBG In association with MOGS & BSOG". To the left is a white silhouette of a woman holding a child, and to the right is a circular logo with a red bird and the text "Nurture the future". The main title "CME on Adolescent Health & Obstetric Emergencies" is centered in red. Below the title is a photograph of a large, white, multi-story building with a central entrance and a red roof. At the bottom, the date and time "19th May-2018 Time: 9.00 am to 2.00 pm" are on the left, and the venue "Venue: MMS, Lecture Hall No.03" is on the right.

Mandya Institute of Medical Sciences, Mandya.
Department of OBG
In association with
MOGS & BSOG

**CME on Adolescent Health
&
Obstetric Emergencies**

19th May-2018
Time: 9.00 am to 2.00 pm

Venue: MMS,
Lecture Hall No.03

MANDYA INSTITUTE OF MEDICAL SCIENCES		PROGRAMME
DEPARTMENT OF OBG		8:30 -9:30am : Registration and Breakfast
CME-2018		9:30 am -10:00am : Inauguration
We the Staff members of Department of Obstetrics & Gynaecology		10:00am -10:15am : Global overview : Adolescent health Speaker- Dr.Rekha Rajendrakumar Chair persons : Dr.Sharmila, Dr.H.C Savitha
Cordially invite you for the CME programme on		10:15am-10:30am : Green the Red Concept of Sustainable Menstruation Speaker- Dr. Meenakshi Bharath Chair persons : Dr. Krishna, Dr. Lakshmi
Saturday 19th May -2018		10:30am- 10:45am : Adolescent PCOS Speaker- Dr. Tara Chair persons : Dr. Sreekala, Dr. Kavyashree G.
Inauguration by:		10:45am - 11:00am : Adolescent menstrual disturbances Speaker - Dr. Shobha N Gudi Chairperson -Dr. Meera prasad, Dr. Usharani D.
Dr.G.M Prakash,		11:00 am - 11:15am : Tea Break
Director		11:15 am - 11:30 am : Adolescent Endometriosis Speaker - Dr. Sriprada Vinekar Chair persons : Dr. Prabhavathi, Dr. Suresh B.K.
Mandya Institute of Medical Sciences,		11:30 am -11:45am : Laparoscopic Management of Gynec Emergencies in Adolescents Speaker - Dr. Vidya Bhat Chair persons : Dr. T.R. Jyothi, Dr. Manu M.D.
Mandya		11:45 am -12:00pm : Discussion
Presided by:		12:00 pm to 1:00pm : Nurture the future "Panel on sexual and reproductive health amongst adolescents : How to reach the unreachable?" Moderator-Dr. Shobha N Gudi Panelists - Dr. Rekha, Dr. Tara, Dr. Sriprada Dr. Vasumathi Rao
Dr. Hanumanth Prasad.M,		01:00pm to 02:00pm : Panel discussion on "Team approach in tackling obstetric emergencies"
Medical Superintendent		2:00pm onwards : Lunch
Mandya Institute of Medical Sciences, Mandya		
Venue : MIMS, Lecture Hall No.03		Time: 9.00 am to 2.00 pm

The **first outreach programme** from BSOG for the year 2018 – 2019 was conducted as a CME on “Adolescent Issues and Gynaecological Emergencies” at Mandya Institute of Medical Sciences, Mandya on 19th May 2018. It was half a day programme organized by Mandya Institute of Medical Sciences in association with Mandya Obstetrics and Gynaecology Society and BSOG.

The delegates included medical college staff and students; doctors from the Government sector, private practitioners and adolescent girl students from high school and intermediate. There were about 100 delegates which included 30 gynaecologists and 70 students.

The CME was inaugurated and presided by Dr. Hanumanth Prasad M, Medical Superintendent, MIMS, Mandya.

The global overview of Adolescent Health, PCOS , AUB, Endometriosis, and endoscopic management of Gynecologic Emergencies in Adolescents were addressed by Drs. Rekha Rajendrakumar, Tara D, Shobha N. Gudi, Sriprada Vinekar Vidya Bhat.

Dr. Meenakshi Bharat presented the ‘Green the Red’ concept of Sustainable Menstruation with reusable cloth pads and menstrual cups to have a rash-free, cash-free and trash-free period.

Panel on ‘Sexual and reproductive health amongst adolescents: How to reach the unreachable?’ was moderated by Dr. Shobha N. Gudi. The panelists Drs Meenakshi Bharat, Rekha Rajendrakumar, Tara D and Sriprada Vinekar. The role of ANM’s, ASHA workers and teachers in propagating sustainable menstruation was discussed. The functioning of ARSH (Sneha) clinics and POCSO Act were elaborated.

The programme was very much appreciated by one and all.



CME on Endometriosis – The Enigmatic Disease held @ Hotel Lalit Ashok, Bangalore

ENDOMETRIOSIS THE ENIGMATIC DISEASE

Masters of Ceremony		Dr. Sriprada Vinekar Dr. Manjula Patil
1.00 to 1.30 pm	Registration	
1.30 to 2.00 pm	Lunch	
2.00 pm	Welcome	Dr. Shubha Rama Rao
2.00 to 3.40 pm	Session 1: Endometriosis: The enigma, Chairpersons:	Dr. Hema Divakar Dr. Pushpa Srinivas Dr. Vidya Bhat Dr. Malini
2.00 to 2.20 pm	Endometriosis: Global burden & The impact on reproductive health	Dr. Vijaykumar C.R
2.20 to 2.45 pm	The role of medical management: Is there a wonder molecule?	Dr. Ramani Devi
2.45 to 3.10 pm	Endoscopic surgery in endometriosis: Evidence to practice	Dr. B. Ramesh
3.10 to 3.40 pm	Infertility and endometriosis: How to optimize treatment results?	Dr. Kamini Rao
3.40 to 4.30 pm	Session 2: Panel discussion and post your case session : Treating Tricky cases of endometriosis across the reproductive life	Moderator Dr. Shobha N Gudi Panellists: Dr. Ramani Devi Dr. Sheela V Mane Dr. Gayatri Karthik Dr. Kamini Rao Dr. Madhuri Patil Dr. Vidya V Bhat Dr. Mahesh Koregol Dr. Vijaykumar Koravi
4.30 pm	Vote of Thanks	Dr. Shirley George



Bangalore Society of Obstetrics
and Gynaecology

Presents

ENDOMETRIOSIS THE ENIGMATIC DISEASE

22nd May 2018

Venue: Hotel Lalit Ashok, Bengaluru

LUPRIDE DEPOT
Luprider Autotite Depot 4g, 5.75mg / 11.25mg

EMERSA
Hormonal Contraception

The first academic programme of the golden jubilee year of BSOG 2018-19 was held on 22nd May 2018 at Hotel Lalit Ashok from 1.00- 5.00 pm. It was attended by 150 delegates.

The programme started at 2.30 pm with the lighting the lamp and invocation by Dr. Manjula Patil preceded by a Sumptuous lunch. This was followed by a welcome address by Dr. Shubha Rama Rao. The first session involved talks by Dr. Vijaykumar, Dr. Ramani Devi, Dr. Ramesh, Dr. Kamini Rao and was chaired by Dr. Pushpa Srinivas, Dr. Malini, Dr. Padmini Isaac. Dr. Ramani Devi from Trichy was the invited national faculty and gave a talk of Deinogest – The wonder Molecule. The session was very interactive.

The second session was a panel discussion moderated by BSOG president, Dr. Shobha N Gudi. About 8 cases scenarios were discussed. Dr. Ramani Devi, Dr. Sheela Mane, Dr. Kamini Rao, Dr. Mahesh Koregol, Dr. Ramesh B were the panellists and it was a very interactive session with fruitful discussions.





Live Robotic surgery workshop and Gynaecological Oncology

BSOG with NH Mazumdar Shaw Medical centre organised Live Robotic workshop and session on Gynaecological Oncology on 9th & 10th June 2018.

It was a focussed workshop on 9th June at Narayana Hrudayalaya with a demonstration on pelvic and retroperitoneal anatomy . Eminent Robotics surgeons Dr. Yogesh Kulkarni and Dr. Anupama Rajababu were the operating faculty. The workshop was inaugurated by Dr.Devi Shetty.

It gave hands on feel for the delegates who were able to sit in the console by turns and move the operating arms of the Robot. About 30 delegates participated in the hands on session.

A Scientific session on Gynaecological Oncology was on 10th June conducted at Hotel Chancery Pavilion. The Highlights of the session was review of LACC Trial, Schautheim radical hysterectomy for early ca cervix, HIPEC in ovarian cancer, gave insights into surgical management of cervical cancer

The poster features logos for Intuitive Surgical, Narayana Health, and Mazumdar Shaw Medical Center at the top. The central text reads 'Invitation' in a script font, followed by 'Department of GYNECOLOGICAL ONCOLOGY'. A blue diamond badge on the right indicates 'KMC CME 4 Credit Hours'. The background is a close-up of robotic surgical arms. At the bottom, two boxes provide event details: Saturday, 9th June 2018 (8 am - 4 pm) at Harold Varmus Auditorium, 7th Floor, Mazumdar Shaw Medical Center, NH Health City; and Sunday, 10th June 2018 (8 am - 4 pm) at Hotel Chancery Pavilion, Residency Road, Bengaluru.

INTUITIVE SURGICAL®

NH Mazumdar Shaw Medical Center
Unit of Narayana Health

Invitation

Department of GYNECOLOGICAL ONCOLOGY

KMC CME 4 Credit Hours™

Saturday, 9th June 2018
8 am - 4 pm
Harold Varmus Auditorium
7th Floor, Mazumdar Shaw Medical Center, NH Health City

Sunday, 10th June 2018
8 am - 4 pm
Hotel Chancery Pavilion
Residency Road, Bengaluru

PROGRAM

Day 1: 09-06-2018 Harold Varmus Auditorium
 08:30 am - 09:00 am Registration/Breakfast
 09:00 am - 09:30 am Welcome
 09:30 am - 01:00 pm Live operative workshop
 01:00 pm - 02:00 pm Lunch break
 02:00 pm - 04:00 pm Video workshop/Hands on basic simulator training (for 30 participants)

Day 2: 10-06-2018 Hotel Chancery Pavilion

Key Topics to be covered

- Imaging in Gynec cancers-a treating physicians perspective
- Minimal access surgery in cervical cancer: Recent evidence LACC trial.
- Neoadjuvant Chemotherapy in Cervical cancer-NACT cervix trial a journey.
- HIPEC-is there substantial evidence?
- PORTEC 3 trial
- Fertility preservation in Gynec cancers
- Concurrent chemoradiation in cervical cancer-CRACX trial

National Faculty



Dr. Abraham Peedicayil
 CMC Hospital
 Vellore

National Faculty



Dr. Amita Maheshwari
 TATA Memorial Centre
 Mumbai

National Faculty



Dr. Anupama Rajababu
 Amrita Institute of Medical Sciences
 Kochi

National Faculty



Dr. Shylasree T S
 TATA Memorial Centre
 Mumbai

National Faculty



Dr. Sudeep Gupta
 TATA Memorial Centre
 Mumbai

National Faculty



Dr. U D Bafna
 Kidwai Memorial Institute of Oncology
 Bangalore

National Faculty



Dr. Umesh Mahantshetty
 TATA Memorial Centre
 Mumbai

National Faculty



Dr. Yogesh Kulkarni
 Kalyanesh Chirubha
 Ambani Hospital, Mumbai





BSOG FOGSI CME ON CONTRACEPTION AND MTP

Date: 15th July 2018

Venue : Hotel Lalit Ashok



Supported by



Bangalore Society of Obstetrics and Gynaecology presents

FOGSI-DKT CME Gyan-Varsha 2018
At Hotel Lalit Ashok, 15th July 2018.

Master of ceremony – Dr. Tara D

9.00 am	Registration and Tea	
9.15 am	Welcome address	
9.20 – 10.10 am	Session - 1	<u>Chairpersons:</u> Dr. Gomathy Narayan, Dr. Nagarathnamma R
9.20 – 9.40 am	Overview of unmet Contraceptive need and concept of MEC	Dr. Vijaykumar C R
9.45 – 10.05 am	Contraception prevalence and CPR in Karnataka	Dr. Rajkumar
10.10 – 11.25am	Session - 2	<u>Chairpersons:</u> Dr. Indira Reddy, Dr. Arulmozhi Ramarajan
10.10-10.30 am	MVA – the gold standard for MTP	Dr. Bharati Maheshwari
10.35-10.55am	Role of LNG-IUS in treatment of various uterine bleeding disorders	Dr. Yashodhara Pradeep
11.00 -11.20 am	Contraceptive and treatment benefits of OCPs	Dr. Shobha N Gudi
11.25 -11.45 am	Tea Break	
11.45 – 12.30 noon	Panel discussion - Contraception – a game changer for a healthy society <u>Moderator</u> – Dr. Yashodhara Pradeep	<u>Panelists:</u> Dr. Sheela V Mane, Dr. Shubha Rama Rao, Dr. Shirley George, Dr. Sujani B K
12.30-1.15pm	Panel Discussion – Medicolegal aspects of MTP <u>Moderator</u> – Dr. Bharati Maheshwari	<u>Panelists:</u> Dr. Jyothi G S, Dr. Chandrika Muralidhar, Dr. Padmaja P, Dr. Thejavathy G V
1.00 pm	Vote of thanks	
	LUNCH	

A Scientific session on Contraception and MTP was conducted under the aegis of FOGSI. Around 87 delegates and faculty participated.

Dr. Bharathi Maheshwari , Chairperson MTP Committee delivered a talk on MVA – the gold standard for MTP, Dr. Yashodhara Pradeep, Chairperson Family planning committee delivered a talk on Role of LNG-IUS in treatment of various uterine bleeding disorders. A panel discussion on contraception and Medico legal aspects of MTP conducted by Dr. Bharathi Maheshwari and Dr Yashodhara Pradeep was highly interactive.

ICOG certificate was issued to all participants.





4th and 5th of August 2018 - RESOLVE INFERTILITY" & HANDS ON WORKSHOP ON INFERTILITY

3rd international conference, BSOG in association with Bangalore Baptist Hospital and IMA



RESOLVE INFERTILITY

Hands on Workshop on Infertility

3rd INTERNATIONAL CONFERENCE On Infertility Related Issues Association with BSOG and IMA



International Speakers

Dr. Jothi Kumar - Singapore
Dr. Pankaj Srivastav - Dubai
Dr. Herman Fernandes - Australia

DATE:

Work shop
4th August 2018 - TVOR / Semen
preparation for IUI / Laparoscopic suturing

International Conference
5th August 2018

VENUE:

SMRITHI - Auditorium
Bangalore Baptist Hospital
Hebbal, Bengaluru - 24

Organising Chairperson

Dr. Korula George MD MRACOG
Professor and Head
Reproductive Medicine Department
Bangalore Baptist Hospital

Co Chair person

Dr Shobha Gudi MD
President BSOG 2018

Contact Details

Organising Secretary - Mr. Davidson
Contact number: +91 9449862627
Email: rmuresolve@gmail.com

Online Registration Form - <http://www.bbhh.org.in/special-event-conference>

Last date of registration July, 31st 2018

Awarded 4 KMC Credit Points

An Infertility session and workshop was conducted in association with Bangalore Baptist Hospital





Scientific Session and BSOG 50th year –GOLDEN JUBILEE celebrations.



Dr. Ratnabai Morey Memorial Day – BSOG BIRTHDAY CELEBRATION

14TH AUGUST 2018

Hotel Le Meridien, Bengaluru

Seasons' Greetings from BSOG office.

Rains are abundant and so is sunshine in Bengaluru. The weather is conducive for yet another coming together of minds and hearts to celebrate the most auspicious event of the year.

It stands to record that our esteemed organisation Bangalore Society of Obstetrics and Gynaecology has completed 50 glorious years. It is therefore called for, that we celebrate Dr.Ratnabai Morey Memorial day and the Golden Jubilee Birthday on 14th August 2018 at Hotel Le Meridien, in a befitting manner in the memory of the dear presidents who are no more with us and acknowledge in person the valuable contribution of all other past presidents.

We extend a warm welcome to every caring BSOGian to come and be a part of this joyous celebration.

1.00-1.40 pm – Lunch

Master of Ceremony – Dr. Shirley George

	Welcome address	Dr. Shubha Rama Rao
Young Talent Oration Session - 1 1.40-2.00 pm		<u>Chairpersons:</u> Dr. Krishna L, Dr. Shobha N Gudl,
B J Lingegowda- Leelavathi Award	How to set up IVF Lab	<u>Speaker:</u> Dr. Shilpa G B
Session 2 2.00-2.45 pm The Beginnings of new life		<u>Chairpersons:</u> Dr. Vidya V Bhat, Dr. Chandrika Muralidhar, Dr. Padmini Prasad

held @ Hotel Le Meridian, Bangalore

	Immunomodulatory effect of progesterone in pregnancy	<u>Speaker:</u> Dr. Sundari N
	Feto maternal cross talk in pregnancy	<u>Speaker:</u> Dr. Jaya Narendra
	Pregnancy in PCOS – How Different is it?	<u>Speaker:</u> Dr. Nagarathnamma R
Session 3 2.45-3.30 pm	<u>Panel Discussion:</u> Medico Legal Angle of screening in pregnancy for Fetal Aneuploidies and Anomalies	<u>Moderator:</u> Dr. Hitesh Bhatt & Dr. Pratima Radhakrishnan <u>Panelists:</u> Dr. Latha Venkataram, Dr. Gayathri Karthik, Dr. Jayanthi T, Dr. Savitha C, Dr. Preeti Venkatesh, Dr.Chitra Ganesh
Session 4 3.30-4.15 pm	BSOG Golden Jubilee Birthday Celebration – The Glorious 50 years	“Down memory Lane” by Past presidents
4.15 PM	Vote of Thanks	Dr. Shirley George

It stands to record that our esteemed organisation Bangalore Society of Obstetrics and Gynaecology has completed 50 glorious years.

The day was celebrated as Dr.Ratnabai Morey Memorial day and the Golden Jubilee Birthday on 14th August 2018 at Hotel Le Meridien, in a befitting manner

All presidents who are no more with us and the valuable contribution of all other past presidents were acknowledged in person

It started with a short scientific session with Young Talent Oration and other scientific deliberations by Dr. Sundari, Dr. Jaya Narendra, and Dr.Nagarathnamma R, followed by a panel by Dr. Hitesh Bhatt and Dr. Prathima Radhakrishna.

It was overall a dedication to all the past presidents and senior members of BSOG.

- It stands to record that our esteemed organisation Bangalore Society of
- Obstetrics and Gynaecology has completed 50 glorious years.
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- All presidents who are no more with us and the valuable contribution of all other past presidents were acknowledged in person
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- It was overall a dedication to all the past presidents and senior members of BSOG.









PICSEP Workshop on Research Methodology –FOSGI –BSOG-JOGI held at Bangalore Medical College

9.15 - 10.15 am	Session 1 - Introduction to scientific research	Chairpersons: DR. Jyothi G S, Dr. Savitha C, Dr. Thejavathy G V
9.15 – 9.30 am	Basics of research, stages and types of Research Methodology	Dr. Nandakumar
9.30 – 9.45 am	The need for evidence based medicine	Dr. Srinivas K
9.45 – 10.00 am	How to Write the Thesis”.	Dr. Geetha Balsarkar
10.00 – 10.15 am	Interaction	
10.15-11.15 am	SESSION – 2 - Studies , Reviews, Ethics and EBM	Chairpersons: Dr. Dharamvijay, Dr. Jyothika Desai Dr. Vijay Kumar Koravi
10.15 – 10.30 am	Types of studies and reviews –Fundamentals of Methodology	Dr. Nanda Kumar
10.30 – 10.45 am	How should research translate to EBM	Dr. Shobha N Gudi
10.45 – 11.00 am	Ethics in medical research	Dr. Umadevi K,
11.00 – 11.15 am	Interaction	
11.15-11.30 am	coffee break	
11.30-12.30 am	Session 3 - Bio Statistical issues in Medical Research	Chairpersons: Dr. Sunanda Kulkarni Dr. Srinivas K Dr. Vijay Kumar C R
11.30 – 11.45 am	Statistical method simplified	Dr Mariamma Philip

11.45 – 12.00noon	Statistical issues in medical research	Dr. Ramesh
12.00 – 12.15 pm	Statistical Treatment of data	Dr Mariamma Philip
12.30 – 1.30 pm	SESSION – 4 – The finer aspects of research methodology and Clinical Audit	Chairpersons: Dr. Shobha N Gudi Dr. Nagarathnamma R Dr. Padmasri R
12.30 – 12.45 pm	Understanding Audit and place of clinical audits in medical research	Dr. Shankar Prasad
12.45 – 1.00 pm	Identification of research problem and formulation of research objectives and hypothesis	Dr Avita Johnson
1.00 – 1.15 pm	Review of Literature: Importance and relevance (use of e-resources) and Designing of a questionnaire	Dr. Preetesh
2.15- 4.30 pm	WORKSTATIONS FOR RESEARCH METHODOLOGY	
	Workshop Coordinators	Dr. Vijaykumar C R Dr. Tara D
	Workshop Faculty	Dr. Preetesh, Dr. Girish, Dr. Avita Johnson
Station -1	Critical reading of journal and writing a report	- Objectives / Methodology - Bio statistics - Discussions
Station – 2	Designing clinical study or PG Thesis	- Thesis - Guide's role - Time management - Review of literature

Station – 3	Critical evaluation of an article submitted for publication	<ul style="list-style-type: none"> - What the author can do - Editorial process and peer review - Practical demonstration
4.30 – 4.45 pm	Presentation of groups with expert panel comments	
4.45-5.00 pm	Valedictory	

It was a privilege to conduct FOGSI – JOGI PICSEP WORKSHOP on 1st September 2018. We are happy to inform you that we had 171 registration with full attendance till the end of the session.

- As is evident in the program we have comprehensively covered all aspects of research methodology including clinical audit. There was hands on workshops in the afternoon when delegates could access internet for literature review and data processing.
- The program started sharp at 9.am with brief inaugural ceremony and lamp lighting. Dr Rajkumar Deputy Director of Maternal Health, kindly consented to be our chief guest. The dean of Bangalore Medical College, Dr. Satish also joined us briefly.
- Dr.Geeta Balsarkar could effectively deliver the lecture on thesis writing for post graduates. It was very well received. The faculty Dr. Nandakumar, Dr. Preetesh, Dr. Avita, Dr. Mariamma, Dr. Ranganath, Dr. Shankarprasad, Dr. Murali Subramaniam had come from different institutions from Bangalore to speak on basics and final aspects of research, biostatistics, reviewing literature, Clinical Audit. Article publication etc., All the deliberations were well understood and highly appreciated. Certificates were issued with credit points from ICOG.
- Bangalore Society of Obstetrics and Gynaecology is very thankful to FOGSI for this unique opportunity.

Many thanks to ICOG for issuing credit points at short notice.









Presents



SPEAKER:

Dr. Alessandro D. Genazzani

- Alessandro Genazzani is Chief of the Section of Gynecological Endocrinology, Department of Obstetrics and Gynecology, University of Modena, Italy. He has a Degree in Endocrinology (1986), in Obstetrics and Gynecology (1990), PhD on "Human psychobiology" in 1994.
- He has worked as an Associate Professor at the Dept of Ob/Gyn, University of Modena, Italy. Now working as a Chief of the Section of Gynecological Endocrinology, Department of Obstetrics and Gynecology, University of Modena, Italy, since January 1st, 1989.
- Prof. Genazzani is author or co-author of 200 original papers on international peer reviewed journals and editor/co-editor of 14 scientific volumes, he is serving as an editorial board member of reputed international journals and reviewer of more than 15 journals.
- At present is member of several Scientific Societies such as Endocrine Society, EMS, AGUI, ISGE. He is the President of AIGE (Assoc Italiana di Ginecologia Endocrinologica), the Scientific Director of AIGE School and the Editor-in-Chief of the AIGE Bulletin on-line (<http://www.bullettinoginecologia.it/>). At present Prof. Genazzani is the secretary of the Post Doc School in Obstetrics and Gynecology, University of Modena, Italy.
- Prof. Alessandro Genazzani's research areas are: neuroendocrine/endocrine control of reproduction, hypothalamic dysfunctions, PCOS, obesity,



"Nurture the future"

BANGALORE SOCIETY OF OBSTETRICS & GYNAECOLOGY
in Association with Sun Pharma
presents

**Inositols as putative integrative
treatment for PCOS**

By

Dr. Alessandro D. Genazzani

And management of Chronic Pelvic Pain

1.00 – 2.00 pm lunch

2.00 pm
Welcome address: Dr. Shobha N Gudi
Chairpersons: Dr. Jaya Narendra,
Dr. Padmal Isaac, Dr. Shobha N Gudi

2.00-2.30 pm
Inositols as putative integrative treatment for
PCOS – Dr. Alessandro D Genazzani

2.30 – 2.45 pm Interaction

2.45 – 3.15 pm
Neuro pelveology – the clinical applications –
Dr. Ramesh B

3.15 – 4.00 pm
Stump the experts
Moderator - Dr. Shobha N Gudi
Experts: Dr. Ramesh B, Dr. Latha Venkataram,
Dr. Vidya V Bhat, Dr. Gayathri Kamath,
Dr. Nandimidevi H R



ISP Program on Pre Eclampsia Date: 24th September 2018 Venue: Chancery Pavilion



**Come, join the march against
Pre-Eclampsia**

We cordially invite you to
An international speaker program on
"Biomarker driven Pre-Eclampsia management"

A collaborative effort between Bangalore
Society of Obstetrics and Gynaecology (BSOG),
Anand Diagnostic Laboratory-
Bangalore and Thermo Fisher Scientific



International speaker
Dr. Pavel Calda

HOD & Professor of the Fetal Medicine
Centre- Prague, Czech Republic

Dr. Calda's Clinical interest include prenatal
diagnostics, ultrasound imaging and foetal therapy

Dr. Calda has numerous publications with more than
100 scientific papers, several books and chapters



Program Agenda- Biomarker driven preeclampsia Management	
6:30 PM - 7:00 PM	Welcome and Registration
Session 1 7:00 PM - 7:30 PM	"Prediction & Prevention of Pre-Eclampsia through first trimester screening" Dr. Pavel Calda
Session 2 7:35 PM - 8:10 PM	"Pre-Eclampsia improved Diagnosis & Prognosis through sFlt-1/PlGF ratio" Dr. Pavel Calda
8:10 PM - 8:30 PM	Clinical panel discussion on Indian perspective Chairpersons - Dr. Shobha Gudi, BSOG President Dr. Sheela V. Mane
BSOG Clinical Expert Panel Dr. Geetha Shanbhag, Dr. Jyoti G.S, Dr. Anumathi R, Dr. Adinarayan Makam, Dr. Prakash Kini, Dr. Prakash Mehta, Dr. Veena Acharya, Dr. Pavel Calda	



Scientific Session on Preterm Labour -October 2nd 2018



FOGSI, BSOG, & SUN SENORA

*Cordially invite you for
scientific session on*

Preterm Labor Summit

(Scientific Program)



1.00.pm Lunch
1.30.pm Registration
1.50.pm Welcome Address- Dr Jyothi. G.S

TIME : 2.00 – 2.45 PM	SESSION -1 Preterm Labor : The Latest Update	<u>CHAIRPERSONS</u> Dr.Chandrika Muralidhar, Dr. Shubha Rama Rao, Dr. Sujani B K
TIME : 2.00 – 2.15 PM	Prediction and overview of Preventive strategies	Dr. Ashakiran T R
TIME : 2.15 – 2.30 PM	Role of Newer Micronised progesterone in medical management of preterm labour	Dr. Pratima Mittal, (Vice President, FOGSI)
TIME : 2.30 – 2.45 PM	Tocolytic agents – Traditional & newer role & limitations	Dr. Suvarna R
TIME : 2.45 – 3.30 PM	SESSION-2 Panel Discussion – Case based clinical scenarios	<u>MODERATOR</u> Dr. Shobha N Gudi <u>PANELISTS</u> Dr. Pratima Mittal Dr. Jyothi G S Dr. Meena Muthiah Dr. Srinivas K Dr. Shanthala Dr. Shashikala Karanth
TIME : 3.30 – 4.30 PM	BSOG Annual General Body meeting & Elections	
TIME : 4.30 PM	Vote of Thanks	Dr. Shirley George





Fitness for fraternity : CME on diet

physical fitness

16th December 2018, KMC Auditorium.

Session Details

10. 00 – 10. 20 am	'Be Your Own Doc' - Healthy Living Through Evidence-based Naturopathy and Yoga	Dr. Achyuthan Eshwar
10.20 – 10.30 am	Interaction	
10.30 – 10.45 am	Healthy Snack Break	
	Warm up exercises – Zumba Dance	
10. 45 – 11.30am	Strength and balance training with take home exercises	Dr. Aarthi Prasad & Dr. Nirmala
12.00 – 1.00 pm	BSOG Extra Ordinary General Body meeting and Election for the post of Jt. Treasurer 2019-20	
1.00 pm	Lunch	

Dr. Shobha N Gudi
President, BSOG
Hon.Secretary, BMS

Dr. Jyothik A Desai
President, BMS

Dr. Jyothi G S
Hon.Secretary, BSOG





FOGSI – FAMILY WELFARE COMMITTEE PROGRAM

“Freedom from Conception”

Date: 19th February 2019

Venue: Hotel Ritz Carlton.



**Bangalore Society of Obstetrics & Gynaecology
and
Family Welfare Committee FOGSI**

Presents

FREEDOM FROM CONCEPTION

VENUE : THE RITZ - CARLTON

99, Residency Rd, Shanthala Nagar, Ashok Nagar, Bengaluru -560 025.

Date : 19th FEBRUARY 2019

1.00 pm – 2.00 pm	Lunch	
2.00 pm	Welcome	Dr. Jyothi G S
2.00 pm – 3.15 pm	Panel Discussion Contraceptive choices for the modern woman	Moderator: Dr. Shobha N Gudi Panelists: Dr. Jyothika A Desai Dr. Jyothi G S Dr. Susheela Rani B S Dr. Jayanthi T Dr. Shirley George
3.20 - 3.40 pm	Benefits beyond Pregnancy free days	Dr. Shobha N Gudi Chairperson: Dr. HemaDivakar Dr. Sheela V Mane Dr. Gomathy Narayanan
3.40 – 4.10 pm	Interaction	
4.15 pm	Vote of thanks	Dr. Shirley George

The following programme is brought to you by



Inca Life Sciences
a SUN PHARMA division



Live Office hysteroscopy and Infertility Workshop



**SAGAR
CHANDRAMMA
HOSPITALS**
Woman, Mother & New Born Care



Topic: Live Workshop on OFFICE HYSTEROSCOPY AND INFERTILITY UPDATE

VENUE: SAGAR CHANDRAMMA HOSPITALS, BASAVANGUDI, BENGALURU

Date: 24TH FEBRUARY 2019

8.00am	REGISTRATION & BREAKFAST	
Session 1 8.30am to 10.30 am	Live workshop on office Hysteroscopy <i>Proposed Cases...</i> Infertility, AUB, Post-Menopausal bleeding, RCL, Etc.,	Faculty: Dr Thenmozhi Dr Vidyamani L Co-ordinators : Dr Shobha Gudi Dr Jyothi GS
10.30am to 11.00 am	Inauguration... Lamp lighting & Prayer Introduction – Practice Management software for Obstetrics & Gynaecology	
Session 2 11.00am to 12.00pm	Panel discussion - Basic approach to Infertile couple : Stepping stones towards ART	Moderator- Dr Vidyamani L Expert: Dr Korula George Panelists : Dr Indira C Reddy Dr Ashwini Gowdra Dr Uma Maheshwari Dr Rashmi Swaroop Dr. Shubha Rama Rao
Session 3 12.00pm to 1.00 pm	Panel discussion : Low cost IVF	Moderator – Dr Korula George Panellists: Dr Santosh Gupta Dr Rupa Dr Nagesh Dr Varsha Dr. Divyashree
1.00pm to 1.15pm	Audience Interaction , Faculty felicitation, Votes of Thanks,	
1.15 pm	Lunch	

- Live Office hysteroscopy and Infertility Workshop was conducted on 24th FEBRUARY 2019 at Sagar Chandramma Hospital. 8 cases of different variety was demonstrated in hysteroscopy workshop by experts Dr. Then Mozhi and Dr Vidyamani. Which was cordinated by Dr. Shobha Gudi and Dr. Jyothi GS This was followed by a panels on Infertility moderated by Dr. Shobha Gudi



ADOLESCENT PCOS – 30TH MARCH 2019

Program

1.00 – 2.00 pm	Registration and Lunch
2.00 – 3.45 pm	Session 1 - Diagnosis and Management <i>Chairpersons: Jyoti GS, Pushpa Srinivas</i>
2.00 – 2.20 pm	<i>Diagnosis and investigations in Adolescent PCOS –</i> Madhuri Patil
2.20 – 2.40 pm	<i>Is insulin resistance common in adolescent PCOS? –</i> Vageesh Ayyar
2.40 – 3.00 pm	<i>Lifestyle is the best method to manage adolescent PCOS –</i> Shilpa Joshi
3.00 – 3.20 pm	<i>Role of OCPs in the treatment of adolescent PCOS –</i> Reena Wani
3.20 – 3.45 pm	Discussion
3.45 – 5.15 pm	Session 2 - Addressing obesity, cosmetic and Psychological issues <i>Chairpersons: Indira Reddy, Nagarathnamma</i>
3.45 – 4.00 pm	<i>How important is cognitive behavioral therapy in adolescent PCOS? –</i> Uttara Chari
4.15 – 4.30 pm	<i>Pharmaco-therapy - Is there a role in adolescent PCOS? –</i> Ganpathi B
4.30 – 4.45 pm	<i>Surgery for obesity – Is there a role? –</i> Rajsekhar Nayak
4.45 – 5.00 pm	<i>Cosmetic measures in adolescent PCOS - How useful are they? –</i> Rasya Dixit
5.00 – 5.15 pm	Discussion
5.15 – 6.00 pm	PANEL DISCUSSION – Integrated team approach for the PCOS Teen
Moderator:	Shobha Gudi
Panelists:	Anantharaman Ramakrishnan, Ganapathi B, Madhuri Patil, Rajsekhar Nayak, Rasya Dixit, Shilpa Joshi, Uttari Chari, Reena Wani

A CME on PCOS in Adolescents was organised in association with PCOS Society at Hotel Taj Vivanta

PCOS affects women at all stages of life, hence this CME was dedicated to the adolescent group who have a lot of body image issues along with mood disorders. As gynaecologists, we are the primary care physicians and encounter the adolescent girl with PCOS first. Experts from various disciplines addressed the gathering with different issues.

It was well attended by 120 delegates.





CPD – Laparoscopic Surgery in Gynaecology held @ BMC Skills Lab =

24th April 2018

17 registrations received for Unlearn to Relearn- Laparoscopy Surgery on 24th April. It was conducted at BMCRI Skills lab which provided 10 pelvi trainers.

Lectures were given by Dr.Shobha N Gudi and Dr. Vidya V Bhat briefing about basics of Laparoscopy and TLH. 12.00 pm to 3.30 pm onwards training pelvic trainers conducted. Certificates were distributed to all the participants.





ADVANCED CPD ON LAPAROSCOPY



**CPD PROGRAM – I TRIMESTER – 8TH MAY 2019 AT Bangalore Fetal Medicine
centre, Indiranagar, Bengaluru**

**CPD (Continuous Professional Development) WAS CONDUCTED FOR consultants in
subspecialties by master trainers**



QUIZ ACTIVITIES

Quiz for Yuva FOGSI 2018

25th August 2018

Venue: API Bhavana

1st Prize – Dr. Smitha V Murthy from Chinmaya Mission Hospital
2nd Prize – Dr. Vasumathi Pasupulete from Manipal Hospital
3rd Prize – Dr. Archana Kaveri from St. Philomenas Hospital
4th Prize – Dr. Spandana S from CSI Hospital
5th Prize – Dr. Syeda Bushera Bano from Chinmaya Mission





Quiz for YUVA FOGSI 2019

17th February 2019

Venue: KMC Auditorium

Dr. SPANDANA from CSI. 1st prize

DR SPOORTY. from KC General Hospital. 2nd prize



Quiz for Undergraduates

28th March 2019

Venue: Mahaveer Jain Hospital auditorium

Winners:

BMC Students



Society publications and/or articles by members

Publications and articles related to Women's Health

Society publications and/or articles by members

Dr. Prathima Radhakrishna

1.Performance of Common Down Syndrome Screening Methods Used in India with Construction of an Indian Normogram for Nuchal Translucency/Crown–Rump Length Measurements in 14,337 Subjects; January 2019; Journal of Obstetrics and Gynecology of India; DOI: 10.1007/s13224-018-1196-3

Dr. Mahesh Koregol & Dr. Soumya Mahesh

CHAPTERS WRITTEN IN TEXTBOOKS

2. Wrote a Chapter on “Declining Fertility” in Text book “ Principles and Practice of ASSISTED REPRODUCTIVE TECHNOLOGY” Edited by Dr.Kamini A Rao. Published in 2018

3. Wrote a chapter on “Endometriosis, Adenomyosis and Fibroids” in Text book “ Principles and Practice of ASSISTED REPRODUCTIVE TECHNOLOGY” Edited by Dr.Kamini A Rao. Published in 2018

4. Wrote a chapter on Intrauterine Fetal Demise (IUFD) in hand book of obstetric emergencies edited by Dr.Kamini A Rao (Yet to be published soon)

5.Laparoscopic management of ovarian dermoid cysts in young and adolescents women

Dr. Vidya V Bhat and Dr. Yoga Lakshmi SKInternational Journal of Clinical Obstetrics and Gynaecology 2019, Vol. 3, Issue 1, Part A

6.THE ROLE OF HYSTEROSCOPY USED AS A DIAGNOSTIC TOOL IN THE EVALUATION OF POSTMENOPAUSAL BLEEDING AND ITS MANAGEMENT STRATEGIES.

Dr. Vidya V Bhat and Dr. Yoga Lakshmi SK

7.PARIPEX - INDIAN JOURNAL OF RESEARCH. Volume-7 | Issue-10 | October-2018 | ISSN - 2250-1991 | IF : 6.761 | IC Value : 86.18.

8.CHANGING TRENDS IN INCIDENCE OF URETERIC INJURY IN DIFFICULT TOTAL LAPAROSCOPIC HYSTERECTOMIES AFTER RETROPERITONEAL URETERIC DISSECTION: OUR 12 YEARS EXPERIENCE IOG, Vol 8 No 3 (2018)

Dr. Rutuja Athawale, Dr. Vidya V. Bhat, Dr. Archana Kori

9.Dr. Ashakiran

Single blinded, randomized, comparative study on the safety and acceptability of PPIUCD insertion using Kelly's forceps and a dedicated PPIUCD inserter. In partnership with Stanford University and Population services international – India.

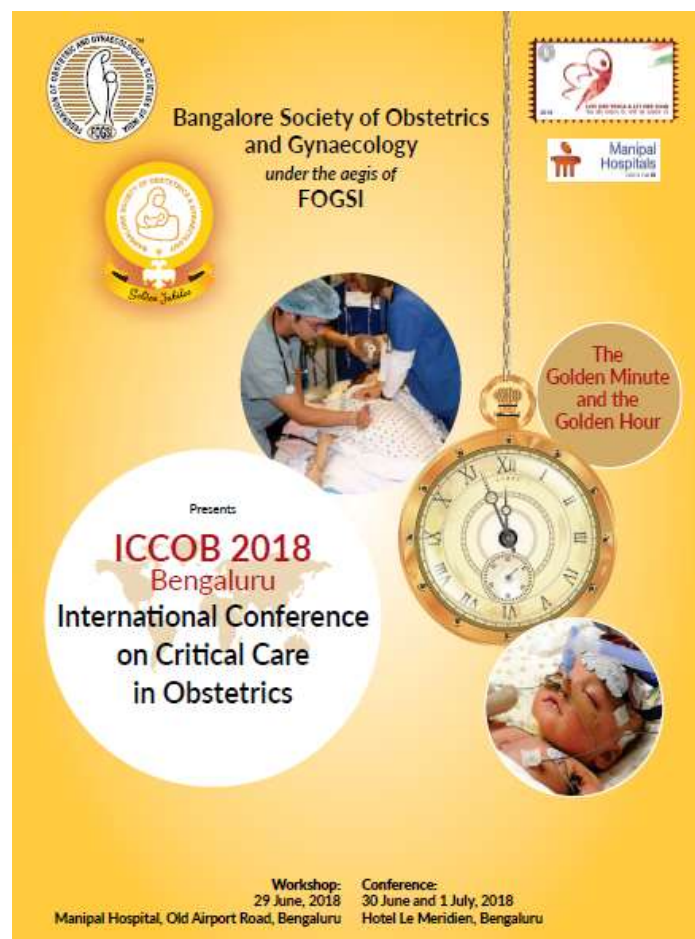
Published in Contraception 98 (2018) 215–219. Participated as a investigator.

Participation in FOGSI programmes and partnership with FOGSI Committees

Conduct of FOGSI workshops and activities with the various committees

ICCOB - 29th June 30th June, 1st July 2018

International Critical Care conference on Obstetrics under the aegis of FOGSI



PICSEP WITH JOGI - 1st September 2018

Organised under aegis of FOGSI JOGI



FOGSI- BSOG- JOGI PICSEP WORKSHOP

(Programme for Inculcating the Culture of Scientific Enquiry & Pursuit)

1st September 2018

Venue: Hemavathi Hall, Ground Floor, New BMCRI building, Bangalore Medical College, Bengaluru



9.00- 9.15 am

Inauguration

**ICOG has
GRANTED 5
CREDIT POINTS**

9.15 - 10.15 am	Session 1 - Introduction to scientific research	Chairpersons: DR. Jyothi G S, Dr. Savitha C, Dr. Thejavathy G V
9.15 - 9.30 am	Basics of research, stages and types of Research Methodology	Dr. Nandakumar
9.30 - 9.45 am	The need for evidence based medicine	Dr. Srinivas K
9.45 - 10.00 am	How to Write the Thesis	Dr. Geetha Balsarkar
10.00 - 10.15 am	Interaction	
10.15-11.15 am	SESSION - 2 - Studies , Reviews, Ethics and EBM	Chairpersons: Dr. Dharamvijay, Dr. Jyothika Desai Dr. Vijay Kumar Koravi Dr. Nanda Kumar
10.15 - 10.30 am	Types of studies and reviews – Fundamentals of Methodology	
10.30 - 10.45 am	How should research translate to EBM	Dr. Shobha N Gudi
10.45 - 11.00 am	Ethics in medical research	Dr. Umadevi K,
11.00 - 11.15 am	Interaction	
11.15-11.30 am	coffee break	
11.30-12.30 am	Session 3 - Bio Statistical issues in Medical Research	Chairpersons: Dr. Sunanda Kulkarni Dr. Srinivas K Dr. Vijay Kumar C R Dr. Mariamma Philip
11.30 - 11.45 am	Statistical method simplified	
11.45 - 12.00noon	Statistical issues in medical research	Dr. Ramesh
12.00 - 12.15 pm	Statistical Treatment of data	Dr. Mariamma Philip
12.30 - 1.30 pm	SESSION - 4 - The finer aspects of research methodology and Clinical Audit	Chairpersons: Dr. Shobha N Gudi Dr. Nagarathnamma R Dr. Padmasri R
12.30 - 12.45 pm	Understanding Audit and place of clinical audits in medical research	Dr. Shankar Prasad
12.45 - 1.00 pm	Identification of research problem and formulation of research objectives and hypothesis	Dr. Avita Johnson
1.00 - 1.15 pm	Review of Literature: Importance and relevance (use of e-resources) and Designing of a questionnaire	Dr. Preetesh
1.30-2.15 pm	Lunch	
2.15- 4.30 pm	WORKSTATIONS FOR RESEARCH METHODOLOGY	
	Workshop Coordinators	Dr. Vijaykumar C R Dr. Tara D
	Workshop Faculty	Dr. Preetesh, Dr. Girish, Dr. Avita Johnson
Station -1	Critical reading of journal and writing a report	- Objectives / Methodology - Bio statistics - Discussions
Station - 2	Designing clinical study or PG Thesis	- Thesis - Guide's role - Time management - Review of literature
Station - 3	Critical evaluation of an article submitted for publication	- What the author can do - Editorial process and peer review - Practical demonstration
4.30 - 4.45 pm	Presentation of groups with expert panel comments	
4.45-5.00 pm	Valedictory	ICOG has GRANTED 5 CREDIT POINTS

AICOG

- 8th – 12th January 2018

62ND All India Congress on Obstetrics and Gynaecology hosted by Bangalore Society of Obstetrics and Gynaecology.

FOGSI COMMITTEE WORKSHOPS (FREE)

Convenor: Dr Shobha N Gudi

Hall 2 Badami	ADOLESCENT HEALTH	Act for ACT' Adolescent Care Today : Tomorrow may be too late?!
Hall 3 Chamundi	CLINICAL RESEARCH	New Horizons
Hall 4 Somnathpura	FAMILY WELFARE	Contraception and Women empowerment –“The need of the day!”
Hall 5 Kaveri	GENETICS & FOETAL MEDICINE COMMITTEE	Say ‘ No’ to Birth Defects – Universal Screening, Best Detection, Optimal Therapy
Hall 6 Sriranga	INTERNATIONAL ACADEMIC EXCHANGE COMMITTEE WORKSHOP	Advancing Gynecological Surgery with Safety and Economy
Hall 7 Jog	MEDICAL DISORDERS IN PREGNANCY	Protocols in HDP, HIR, HYP
Hall 8 Dandeli	MEC COMMITTEE WORKSHOP	BACK TO THE BASICS
Hall 9 Gol Gumbaz	PUBLIC AWARENESS COMMITTEE	High Quality Care: Experience The Difference
Hall 10 Pattadakal	BREAST CONCERNS & SOLUTIONS	The female breast: Concerns and solutions



- 19th February 2019 – Freedom from Conception

In association with FAMILY WELFARE committee



Bangalore Society of Obstetrics & Gynaecology
and
Family Welfare Committee FOGSI
Presents
FREEDOM FROM CONCEPTION
VENUE : THE RITZ - CARLTON
99, Residency Rd, Shanthala Nagar, Ashok Nagar, Bengaluru -560 025.
Date : 19th FEBRUARY 2019

1.00 pm – 2.00 pm	Lunch	
2.00 pm	Welcome	Dr. Jyothi G S
2.00 pm – 3.15 pm	Panel Discussion Contraceptive choices for the modern woman	Moderator: Dr. Shobha N Gudi Panelists: Dr. Jyothika A Desai Dr. Jyothi G S Dr. Susheela Rani B S Dr. Jayanthi T Dr. Shirley George
3.20 - 3.40 pm	Benefits beyond Pregnancy free days	Dr. Shobha N Gudi Chairperson: Dr. HemaDivakar Dr. Sheela V Mane Dr. Gomathy Narayanan
3.40 – 4.10 pm	Interaction	
4.15 pm	Vote of thanks	Dr. Shirley George

The following programme is brought to you by



Inca Life Sciences
a SUN PHARMA division

MTP COMMITTEE - 15th July 2018

presents
FOGSI-DKT CME Gyan-Varsha 2018
At Hotel Lalit Ashok, 15th July 2018.

Master of ceremony – Dr. Tara D

9.00 am	Registration and Tea	
9.15 am	Welcome address	
9.20 – 10.10 am	Session - 1	<u>Chairpersons:</u> Dr. Gomathy Narayan, Dr. Nagarathnamma R
9.20 – 9.40 am	Overview of unmet Contraceptive need and concept of MEC	Dr. Vijaykumar C R
9.45 – 10.05 am	Contraception prevalence and CPR in Karnataka	Dr. Rajkumar
10.10 – 11.25am	Session - 2	<u>Chairpersons:</u> Dr. Indira Reddy, Dr. Arulmozhi Ramarajan
10.10-10.30 am	MVA – the gold standard for MTP	Dr. Bharati Maheshwari
10.35-10.55am	Role of LNG-IUS in treatment of various uterine bleeding disorders	Dr. Yashodhara Pradeep
11.00 -11.20 am	Contraceptive and treatment benefits of OCPs	Dr. Shobha N Gudi
11.25 -11.45 am	Tea Break	
11.45 – 12.30 noon	Panel discussion - Contraception – a game changer for a healthy society <u>Moderator</u> – Dr. Yashodhara Pradeep	<u>Panelists:</u> Dr. Sheela V Mane, Dr. Shubha Rama Rao, Dr. Shirley George, Dr. Sujani B K
12.30-1.15pm	Panel Discussion – Medicolegal aspects of MTP <u>Moderator</u> – Dr. Bharati Maheshwari	<u>Panelists:</u> Dr. Jyothi G S, Dr. Chandrika Muralidhar, Dr. Padmaja P, Dr. Thejavathy G V
1.00 pm	Vote of thanks	
	LUNCH	

SAFOG SESSION - 30th June 2018

	HALL A
Session: 1	The Major killer: Sepsis
9.30 to 10.40 am	Chairpersons: Dr.Ashma Rana. Dr. Pushpa Srinivas, Dr. Jyothika A Desai
9.30- 9.45 am	Surviving sepsis campaign adapting the recommendations for the critical mother - Dr.Sadhana Gupta,
9.45- 10.00 am	Septicemia and Septic shock, concept of sepsis bundle - Dr.Aruna Muralidhar

10.00 - 10.40 am	Panel discussion: Managing Sepsis in critical obstetric Situations (incomplete abortion, perforation,chorioamnionitis, IUFD, in drug resistant, in immunocompromised host, it's complications etc.)
	Moderator: Dr.Sadhana Gupta
	Panelists: Dr.Ashma Rana
	Dr. P K Shah
	Dr. Tara D
	Dr. Jayanthi T
	Dr. Pradeep Rangappa.
	Dr. Gangambika Nisty

GREEN THE RED FOGSI INITIATIVE (MANDYA) - 19th May 2018 - Public Awareness committee

<p>MANDYA INSTITUTE OF MEDICAL SCIENCES</p> <p>DEPARTMENT OF OBG</p> <p>CME-2018</p> <p>We the Staff members of Department of Obstetrics & Gynaecology</p> <p>Cordially invite you for the CME programme on</p> <p>Saturday 19th May 2018</p>	<p><u>PROGRAMME</u></p> <p>8:30 - 9:30am : Registration and Breakfast</p> <p>9:30 am -10:00am : Inauguration</p> <p>10:00am -10:15am : Global overview : Adolescent health Speaker- Dr.Rekha Rajendrakumar Chair persons : Dr.Shamila, Dr.H.C Savitha</p> <p>10:15am-10:30am : Green the Red Concept of Sustainable Menstruation Speaker- Dr. Meenakshi Bharath Chair persons : Dr. Krishna, Dr. Lakshmi</p>
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Public Service Activities related to Women's Health

Health camps for Women's Health

Camps for diagnosis, screening, immunization and/or treatment

Includes activities in rural or tribal areas and urban slums

SHRAMADAAN WITH SATHYASAI FOUNDATION,

Date: 20th May 2018

Venue: Divine mother and babies program run by Sathya sai foundation at chikaballapur dist.

Dr. Lalitha KV, Dr. Shubha Rama Rao, Dr. Soumya Mahesh, Dr. Jyothsna Madan, Dr. Ratna Sreenivasan , Dr. Anuradha G, Dr.Hansa Mehta

Date: 19th August 2018, Divine Mother and Babies program at Chickaballapur

Participants: Dr. Jayanthi T, Dr. Vijaykumar C R, Dr. Padmaja P, Dr. Anuradha G, Dr. lalitha K V

Date: 16th September 2018

Shramadaan – Divine Mothers and Baby program at Chickaballapur Dist. with Sathya Sai Foundation. Dr. Jayanthi, Dr. Anuradha G, Dr. Rajyalakshmi, Dr. Hemalatha participated in Shramadaana. The Moringa Plants, Drumstick plants, Nuggekayi gida for 1000 pregnant mothers were dispatched to the PHCs in three trucks

An information sheet explaining the Medicinal and nutritional benefits of the plants were given along with the plant to each mothers.

Doctors were requested to highlight the importance of making this natural, organic, homegrown, lasting answer for nutritional requirement of mothers, children and family taken care.

Date: 21st October 2018

Venue: Divine Mothers and Baby program – Chickaballapur

Dr. Rekharajendrakumar, Dr. Thejavathy, Dr. Hansa Mehta, Dr. Shanthala R, participated in the camp

Date: 18th November 2018

Venue: Divine Mothers and Baby program – Chickaballapur

Doctors attended were – Dr. Nagarathnamma R, Dr. Harini Rangappa, Dr. Anuradha G, Dr. Akshata H, Dr Atchutha

Divine Mother and Baby Program – Muddenahalli

Date: **16th December 2018**

Dr. Indukala, Dr. Anuradha G, Dr. Rajyalakshmi and Dr. Lalitha, Dr. Varalakshmi, Dr. Sunita Reddy, Dr. Shubhashree Kapil from RRMCH & participated in the program.

Date: **20th January 2019**

In association with Sathya Sai foundation – Divine Mother Child care 93 Antenatal cases & 12 high risk pregnancies

Date: **17th February 2019** – Shramadaan with Sathya Sai

Dr. Anuradha G, Dr. Lalitha, Dr. Uma Maheshwari, Dr. Rajyalakshmi

Date: **17th March 2019**

Dr. Anuradha G, Dr. Jayanthi T, Dr. Geeta Shanbhag, Dr. Rajyalakshmi, Dr. Sunitha B, Dr. Sundari N

Date: **21st January 2018**

Shramadaana at Mudenahalli in association with Sathyasai Foundation









OTHER CAMPS

Date: **3rd June 2018** – Camp at Bidai

Venue: Camp conducted at PHC Bidadi

Dr. Suma from Vanivilas coordinated the camp. Dr. Shobha N Gudi, Dr. Sriprada Vinekar, Dr. Rekha Rajendrakumar, Dr. Tavamani, Dr. Nirmala B M About 20 pap smear screening was done.



**Bangalore Society of Obstetric
And Gynaecology**

ಮತ್ತು

ಬಿಡದಿ ಸಮುದಾಯ ಆರೋಗ್ಯ ಕೇಂದ್ರ

ಬಿಡದಿ

ಸಹಭಾಗಿತ್ವದೊಂದಿಗೆ

**ಪ್ರಸೂತಿ ಮತ್ತು ಸ್ತ್ರೀ ರೋಗ ತಜ್ಞರಿಂದ
ಉಚಿತ ಆರೋಗ್ಯ ತಪಾಸಣಾ ಶಿಬಿರ**

ದಿನಾಂಕ : 03.06.2018

ಸಮಯ : ಬೆಳಿಗ್ಗೆ 9.00 ರಿಂದ ಮಧ್ಯಾಹ್ನ 1.00 ಗಂಟೆಯವರೆಗೆ

ಸ್ಥಳ : ಬಿಡದಿ ಸಮುದಾಯ ಆರೋಗ್ಯ ಕೇಂದ್ರ, ಬಿಡದಿ

- ಗಂಡಾಂತರ ಗರ್ಭಿಣಿ ಪರೀಕ್ಷೆ ಮತ್ತು ಚಿಕಿತ್ಸೆ
- ಸ್ತ್ರೀ ರೋಗ ಸಂಬಂಧಿತ ಆರೋಗ್ಯ ಸಮಸ್ಯೆಗಳು
- ಜನರಾಂಗ ಮಾರ್ಗದ / ಲೈಂಗಿಕ ಮಾರ್ಗದ ಸೋಂಕಿತ ಬಗ್ಗೆ ಅರಿವು ಪರೀಕ್ಷೆ ಹಾಗೂ ಚಿಕಿತ್ಸೆ
- ಪ್ರಥಮ ಹಂತದ ಹಾಗೂ ಎರಡನೇ ಹಂತದ ಬಂಜಿತನ ಪರೀಕ್ಷೆ ಹಾಗೂ ನಿವಾರಣೆ ಬಗ್ಗೆ ಸೂಕ್ತ ಚಿಕಿತ್ಸೆ
- ಗರ್ಭಕೋಶ ಗೆಡ್ಡೆ ಹಾಗೂ ಪರೀಕ್ಷೆ ಮತ್ತು ಚಿಕಿತ್ಸೆ
- ಅಂಡಾಶಯದಲ್ಲಿ ಗೆಡ್ಡೆಗಳ ಪರಿಣಾಮವಾಗಿ ಋತು ಚಕ್ರದಲ್ಲಿ ವ್ಯತ್ಯಾಸ ಹಾಗೂ
- ಹಾರ್ಮೋನ್‌ಗಳ ವ್ಯತ್ಯಾಸದಿಂದಾಗಿ ಬಂಜಿತನದ ಬಗ್ಗೆ ಅರಿವು ಪರೀಕ್ಷೆ ಮತ್ತು ಚಿಕಿತ್ಸೆ
- ಹೆಣ್ಣು ಮಕ್ಕಳಲ್ಲಿ ಲೈಂಗಿಕ ಸಮಸ್ಯೆಗಳಿಗೆ ಸೂಕ್ತ ಪರಿಹಾರ ಹಾಗೂ ಚಿಕಿತ್ಸೆ
- ಥೈರಾಯ್ಡ್ ಸಮಸ್ಯೆಗೆ ಪರಿಹಾರ ಹಾಗೂ ಸೂಕ್ತ ಚಿಕಿತ್ಸೆ
- ಗರ್ಭಕೋಶ ಹಾಗೂ ಸ್ತನ ಕ್ಯಾನ್ಸರ್ ಬಗ್ಗೆ ಅರಿವು, ಪರೀಕ್ಷೆ ಹಾಗೂ ಚಿಕಿತ್ಸೆ
- ಗುಪ್ತ ರೋಗಗಳ ಬಗ್ಗೆ ಅರಿವು, ಪರೀಕ್ಷೆ ಹಾಗೂ ಚಿಕಿತ್ಸೆ
- ಕುಟುಂಬ ಕಲ್ಯಾಣ ಶಾಶ್ವತ ಹಾಗೂ ತಾತ್ಕಾಲಿಕ ವಿಧಾನಗಳ ಬಗ್ಗೆ ಅರಿವು ಮೂಡಿಸುವುದು.

ಸಹಕಾರ : **ಬಿಡದಿ ಗೆಲೆಯಾರ ಬಲಗ**
BIDADI GELEYARA BALAGA
ಸರ್ವರಿಗೂ ಆದರದ ಸುಸ್ವಾಗತ



Date: 12th June 2018

Venue: Camp at Kaggalipura

Dr. Radha coordinated, Dr. Shobha N Gudi, Dr. Rekha Rajendra, Shirley George



26th July 2018

Shell Apparalles Garment Factory, chickkaballapur





Date: 19th August 2018, Divine Mother and Babies program at Chickaballapur

Participants: Dr. Jayanthi T, Dr. Vijaykumar C R, Dr. Padmaja P, Dr. Anuradha G, Dr. Lalitha K V



Date: 16th September 2018

Shramadaan – Divine Mothers and Baby program at Chickaballapur Dist. with Sathya Sai Foundation. Dr. Jayanthi, Dr. Anuradha G, Dr. Rajyalakshmi, Dr. Hemalatha participated in Shramadaana. The Moringa Plants, Drumstick plants, Nuggekayi gida for 1000 pregnant mothers were dispatched to the PHCs in three trucks

An information sheet explaining the Medicinal and nutritional benefits of the plants were given along with the plant to each mothers.

Doctors were requested to highlight the importance of making this natural, organic, homegrown, lasting answer for nutritional requirement of mothers, children and family taken care.



MahaShramadaana

Date: 30th September 2018

Venue: Mysuru



Date: 21st October 2018

Venue: Divine Mothers and Baby program – Chickaballapur

Dr. Rekharajendrakumar, Dr. Thejavathy, Dr. Hansa Mehta, Dr. Shanthala R, participated in the camp



Date: 18th November 2018

Venue: Divine Mothers and Baby program – Chickaballapur

Doctors attended were – Dr. Nagarathnamma R, Dr. Harini Rangappa, Dr. Anuradha G, Dr. Akshata H, Dr Atchutha



Divine Mother and Baby Program – Muddenahalli

Date: 16th December 2018

Dr. Indukala, Dr. Anuradha G, Dr. Rajyalakshmi and Dr. Lalitha, Dr. Varalakshmi, Dr. Sunita Reddy, Dr. Shubhashree Kapil from RRMCH & participated in the program.



Date: 20th January 2019

In association with Sathya Sai foundation – Divine Mother Child care 93 Antenatal cases & 12 high risk pregnancies



Date: 3rd February 2019

Venue: Health Check up camp at Kakalachinte, Chickaballapur Dist.

About 116 patients were screened and pap smear were done.



ANEMIA SCREENING FOR ADOLESCENTS AT SCHOOLS

13th December – Govt High school, Chintamani



Date: 29th January 2019

Venue: HB test at Government High school , Hebbala

The Health Checkup camp for Adolescents on Haemoglobin test held on 29th January 2019 at Government High School, Hebbala. Totally 175 students have tested out of this 20 Adolescents are having less than 12.0gm. Adolescent talk given to them



Janury 2019- Govt High school Hebbal

Sl.no	Students Name	Age	Class	Sex	RH Factor	HB%
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1	Bhuwaneshwari G	13	8th	F		13.0 gm
2	Chaitali N Jogi	13	8th	F		10.5 gm
3	lakshmi S.R	13	8th	F		13.9 gm
4	Karthika M	13	8th	F		12.9 gm
5	Ramya.N	13	8th	F		11.0 gm
6	Monika	13	8th	F		13.6 gm
7	Rukmini	13	8th	F		13.1 gm
8	Sanjitha	13	8th	F		14.6 gm
9	Swathi	13	8th	F		12.5 gm
10	Thriveni	13	8th	F		12.0 gm
11	Gowthami	13	8th	F		14.3 gm
12	Niveditha	13	8th	F		13.4 gm
13	Ashwini	13	8th	F		13.1 gm
14	Pallavi	13	8th	F		12.9 gm
15	Bhagyashree	13	8th	F		14.3 gm
16	Kavya.B	13	8th	F		12.5 gm
17	Rakshitha	13	8th	F		11.2 gm
18	Sukanya	13	8th	F		12.7 gm
19	Akshatha	13	8th	F		13.4 gm
20	HaseenBhee	13	8th	F		10.2 gm
21	Pooja D	13	8th	F		13.6 gm

22	mookambikashree M	13	8th	F		12.3 gm
23	Dekshitha R	13	8th	F		9.7 gm
24	Ruby D	13	8th	F		13.6 gm
25	Lakshmivandhan D	13	8th	F		13.4 gm
26	Prakruthi	13	8th	F		13.1 gm
27	Abhinaya	13	8th	F		12.1 gm
28	Supriya	13	8th	F		13.9 gm
29	Shreelakshmi D S	13	8th	F		12.5 gm

30	Saraswathi	13	8th	F		14.6 gm
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31	Lingamma	13	8th	F		13.2 gm
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32	Sathvika	13	8th	F		12.5 gm	
33	Alfiya	13	8th	F		13.4 gm	
34	Wazid	13	8th	M		13.5 gm	
35	Abhinandhan	13	8th	M		13.3 gm	
36	Chiranjeevi	13	8th	M		14.4 gm	
37	Sunil	13	8th	M		13.3 gm	
38	Ankith	13	8th	M		13.9 gm	
39	Radhakrishna	13	8th	M		13.8 gm	
40	Abhishek	13	8th	M		13.6 gm	
41	Narendra G	13	8th	M		13.6 gm	
42	Shridhar A	13	8th	M		12.3 gm	
43	Hariprasad	13	8th	M		14.2 gm	
44	Manikanthan	13	8th	M		16.8 gm	
45	Akasgowtham	13	8th	M		14.6 gm	
46	Ganesha	13	8th	M		15.5 gm	
47	Mallikajuna	13	8th	M		13.4 gm	
48	Babu	13	8th	M		12.3 gm	
49	Vinodhraj	13	8th	M		12.3 gm	
50	Avinash	13	8th	M		13.4 gm	
51	Dharshan	14	9th	M		14.4 gm	
52	Gagan	14	9th	M		12.4 gm	
53	Uday	14	9th	M		13.4 gm	
54	Sathishkumar	14	9th	M		15.9 gm	
55	Karidurgaparakash	14	9th	M		15.4 gm	
56	Karan J	14	9th	M		14.4 gm	
57	Praveen D	14	9th	M		12.7 gm	
58	Suresh S	14	9th	M		14.6 gm	
59	Akshaykumar R	14	9th	M		18.5 gm	
60	Madiwalappa	14	9th	M		14.2 gm	
61	Chethankumar	14	9th	M		14.2 gm	
62	Sandeep B	14	9th	M		12.3 gm	
63	Madesha	14	9th	M		13.8 gm	
64	Shreyas	14	9th	M		12.1 gm	

79	Chethankumar	14	9th	M		15.2 gm
80	Amith	14	9th	M		13.4 gm
81	Chandhan	14	9th	M		17.4 gm
82	Bharath	14	9th	M		14.3 gm
83	Govindhraj	14	9th	M		13.2 gm
84	Abraham	14	9th	M		16.5 gm
85	Varun	14	9th	M		12.5 gm
86	Manjunath	14	9th	M		13.6 gm
87	Azaruddin	14	9th	M		15.4 gm
88	Lokeshnaik	14	9th	M		13.8 gm
89	Mohammedhusen	14	9th	M		14.8 gm
90	Chethan	14	9th	M		10.9 gm
91	Sahana	14	9th	F		13.7 gm
92	Kajal	14	9th	F		13.5 gm
93	Dhanuja	14	9th	F		12.0 gm
94	Aliya	14	9th	F		12.2 gm
95	Neeraja	14	9th	F		13.5 gm
96	Lalasa	14	9th	F		11.9 gm
97	Soumya	14	9th	F		12.6 gm
98	Sinchana	14	9th	F		13.0 gm
99	Manasa	14	9th	F		11.8 gm
100	Amrithashini	14	9th	F		14.6 gm
101	Anusha	14	9th	F		13.0 gm
102	Gagana	14	9th	F		11.9 gm
103	Prathibha	14	9th	F		13.6 gm
104	Tulasi	14	9th	F		14.1 gm
105	Vaishnavi	14	9th	F		13.6 gm
106	Sathyaleela	14	9th	F		12.5 gm
107	Lavanya	14	9th	F		12.5 gm
108	Kavya	14	9th	F		12.5 gm
109	Anitha .M	14	9th	F		11.3 gm
110	Chinnawa	14	9th	F		11.9 gm

128	Balaji	14	9th	M		13.4 gm
129	Gurukiran.M	14	9th	M		13.1 gm

130	Vinod C	14	9th	M		12.9 gm
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Date: 9th February 2019

Venue: Camp at KSRP, Koramangala

Pap smear test and HB / Sugar Screening for Police family was done.



Date: 12th June 2018

Venue: Camp at Kaggalipura

Dr. Radha coordinated, Dr. Shobha N Gudi, Dr. Rekha Rajendra, Shirley George



APPRECIATION RECEIVED



Shell Apparels Pvt. Ltd.

No. 10/14 - 10/16, G.T. Industrial Complex, Magadi Main Road, Sunkadakatte, Bengaluru - 560 091.

15th November 2018

The President
Bangalore Society of Obstetrics
And Gynecology
Bengaluru

Kind Attn: Dr.Shobha.N.Gudi

We refer to the Medical camp conducted on 26th July 2018 at UNIT - 7 of our company at Sy.No.117, Anakanur Village, Bye-pass Road, Chickballapur District.

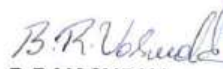
A team of Doctors (5) along with their Technical Team conducted the medical camp successfully. Screening was done for Cervical and Breast cancer for around 140 employees and clinical reports issued. Individual counseling was done and suitable advice given.

The Shell team is very much happy and wish to place on record their gratitude in this regard. Kindly convey our sincere thanks for the entire team of Doctors and Technical Staff for their yeomen service.

We look forward for such medical camps and long term association in future.

Thanking you with regards

Yours faithfully,
For SHELL APPARELS PVT. LTD


B.R.VASUDHA
Director



11th July World Population Stabilization Day



CME programmes and trainings

Addressing family physicians, nurses and paramedics

29th March 2019 - First aid in Obstetric situations : Post partum haemorrhage with NASG, Non pneumatic anti shock garment demonstration for staff nurses at St. Philomenas hospital



8th March 2019 – JAM – for staff nurses at KC General Hospital on Cancer Awareness



PPIUCD, accreditation program

3rd May 2018 – Saptagiri Medical college

This training session is endorsed by the State Govt. The deputy director of Maternal health Dr. Rajkumar was kind enough to acknowledge this session as capacity building measures for private institutions, which can become recognised centres for providing service.

About 30 trainees including department of OBGYN from medical college and staff nurse and Midwives from surrounding peripherals participated in the program. There was live demonstration of one case of post partum IUCD 2nd postnatal day. Apart from live demonstration hands on training was given on PPIUCD models.

Pretest and post test was given to get the feedback. The participants felt the program was very useful.

12th July 2018 – Bangalore Baptist Hospital

28th February 2019, - KIMS Hospital

PPIUCD - @ Sapthagiri Hospital

This training session is endorsed by the State Govt. The deputy director of Maternal health Dr. Rajkumar was kind enough to acknowledge this session as capacity building measures for private institutions, which can become recognised centres for providing service.

About 30 trainees including department of OBGYN from medical college and staff nurse and Midwives from surrounding peripherals participated in the program. There was live demonstration of one case of post partum IUCD 2nd postnatal day. Apart from live demonstration hands on training was given on PPIUCD models.

Pretest and post test was given to get the feedback. The participants felt the program was very useful.





PPIUCD Training held @ Baptist Hospital, Bangalore

About 25 staff and doctors participated. Role play was demonstrated. Pre test and post test was issued. Dr. Padmaja P coordinated the training.



PPIUCD program in KIMS



NAVACHETHANA

Navachethana is an innovative interactive and informative educational session for adolescents on sexual and reproductive health. There were presentations on diet exercise nutrition menstrual hygiene sexual abuse eve teasing personality development, sexuality and sexual behaviour, self-defence and much more. There was ample time given for questions by the girls at the end of the session.

Navachethana was conducted in the following schools

Jyothi Kendria vidyalaya – July 10th

Navachethana at Jyothi Kendra Vidyalaya with Karnataka Cancer Society propagated twin prevention strategy as suggested by Dr. Hema Divakar vaccination for daughter and screening for mother. About 200 students participated

BNM public School – 30th July

About 200 students participated

BBUL Jain school – 2nd August July 2018

About 250 students participated



30th July – BNM School, BSK II Stage, Bengaluru



Navachetana with Shramadaan

Date: 11th September 2018,

Venue: Doddaballapur

Pap smear screening 30 numbers

Adolescent talk to about 200 boys and 150 girls – Doddaballapur School

Dr. Shobha N Gudi, Dr. Indira Prasad, Dr. Anuradha G, Dr. Nirmala participated





Navachethana

Adolescent talk to about 200 boys and 150 girls – Doddaballapur School

Navachetana : - 9th November

Navachetana programme at Hebbal Government School

Doctors attended: Dr. Shobha N Gudi and Dr. Jyothi G S



Navachetana with Soroptimist on November 19th



- Navachetana programme with Rotary ON 20th November
Navachetana programme at BBMP School, Srirampuram
Doctors attended : Dr. Shobha N Gudi & Dr. Sriprada Vinekar



Navachetana

Program on 22nd November 2018 at Sathya Sai Ashram. About 350 students participated.



Navachetana in association with ROTARY, 28th November, DPS School, Electronic City, About 250 school girls and teachers participated.



WALKATHON -

1st April 2018 – PCOS Awareness walkathon.

15TH December – Curtain Raiser Walkathon - AICOG 2019

8th March 2019 – International Womens Day- Walkathon – Cervical and Breast Cancer Awareness

BSOG Other Activities

1) Walkathon – PCOS

- BSOG organised a public awareness program by conducting a walkathon on 1st April 2018, in the month of Feb2018 at Bengaluru. There was a short session of Zumba dance by professional. Chief Guest was sandalwood actress Ms. Sanjana. It mainly stressed on the impact of physical exercise on diabetes and PCOS. Walkathon started from the St.Joseph's grounds & 2 rounds of walk took place in cubbon park.





2) Women's Day Walkathon on 8th march BSOG, FOGSI and IMS initiative





22nd Feb 2019. Sai Ashram, Mudennahalli where BSOG was felicitated and Dr. Shobha Gudi pride moment for receiving an award for services rendered by BSOG for the Divine Mother and Child Program. Dr. Shobha Gudi, Dr. Jyothi G S, Dr. Shubha Rao and Dr. Anuradha attended the program



ICCOB WORKSHOP MANUAL



3) SOUVENEIR



AICOG WORKSHOP CDs WERE GIVEN TO REGISTERED DELEGATES

Media programmes and contributions

Print media, radio, television and social media

PRESS MEET AT ENDOVISION – 21ST & 22ND JULY 2018

PRESS RELEASE



Endovision in association Bangalore Society of Obstetrics and Gynecology
Presents

A Two day National Conference on ENDOVISION 2018 kick starts in Bangalore

Conference aims at increasing the knowledge of different Techniques in endoscopy, infertility and USG. The platform consists of master a class, plenary sessions, updates on multiple topics with Expert review and discussions.

Display of virtual simulators for the first time in India and innovative surgical instruments

A platform to learn newer technology through exhibition training sessions- Hysteroscopy and Ovum Pick-up and deliberations.

Bangalore, 21, July, 2018 - a two day symposium inaugurated by well known Dr. Ashwathnarayan, MLA, Malleshwaram, popular Dr. Hema Diwakar, gynecologist and dignitaries also includes speakers from across India and overseas, BSOG, IAGE, FOGSI etc., participated in this 4th successive year.

While addressing the press and delegates Dr. Vidhya V Bhat, organizing chairperson and managing director at Radhakrishna multi specialty hospital & IVF centre said that "The conference ultimate goal is improving patient care in Gynaecology by providing various educational activity to ensure the learners achieve this goal. She also SAID that this symposium also enlightens upon the endoscopic surgery videos - accidents, mishaps, surprises and reconstruction of Gynaec pathologies through video - taped surgeries performed by master surgeons. It is a platform to learn newer technology through exhibition training sessions- Hysteroscopy and Ovum Pick-up and deliberations.

Dr. Shobha N Gudi, organizing co-chairperson and President - BSOG said "It is my proud privilege as President of Bangalore Society of Obstetrics and Gynecology to announce that we are conducting a wonderful interactive conference and workshop on Endoscopic surgery and infertility. This conference is jointly hosted by Team Endovision led by Dr. Vidya V Bhat, the medical director of Radhakrishna Hospital and team BSOG. We have participation of faculty from across the country and overseas. The delegates registration has been very encouraging and we hope to transfer skills, knowledge and the latest advances in these highly specialized areas of Obgyn.

Some of the highlights of the conference:

Discussions on: embryo transfer, Basic infertility workup, Basics in egg retrieval, Doppler in Infertility & IVF, Innovations in Laparoscopy, Reconstructive surgery for Uterine problem, different techniques in endoscopy, Infertility and USG

WORKSHOPS: Ovum Pickup & Embryo transfer,

Symposium on Gynaec Ultrasound

Debates on Conventional Lap versus Robotics ETC.

Dr Padmini Prasad – a Senior member of BSOG.
Health talks in TV channels



15th March 2019 at Chandana channel On menstrual problems



5th March 2019 5th May 2018 on Sexual problems

8th March 2019 - EXCELLENT TALK ON FM 101.3 on FOETAL MOVEMENTS by Dr.Srinivas K

AICOG PROMOTIONAL ACTIVITIES.

AICOG PRESS MEET at Renaissance Hotel

FOGSI (Federation of Obstetric and Gynaecological Societies of India (FOGSI) renewed its pledge of its members to make women's health better with continuity and fresh ideas as it unveiled details of the 62nd All India Congress of Obstetrics and Gynaecology (AICOG) at a press meet on Tuesday (January 8, 2019). The dignitaries present at the function held at Renaissance Race Course were Dr Jaideep Malhotra, president of FOGSI 2018, Dr Nanditha Palshetkar, president of FOGSI 2019, Dr Jaydeep Tank, secretary general of FOGSI, Dr Hema Divakar, organizing chairperson of AICOG 2019.



Partnership and interaction with government and NGOs on Reproductive Health issues

, programmes and engagement with government and NGOs

PPIUCD ACCREDITATION PROGRAMME FROM MINISTRY OF FAMILY AND HEALTH WELFARE, Government of Karnataka.

PRESIDENT PARTICIPATED IN **POPULATION STABILISATION DAY 11TH OF JULY** – MENTORSHIP FOR ASHA WORKERS

PRESIDENT PARTICIPATED IN LAQSHYA PROJECT - GOK

TALKS to BBMP doctors on **Management of severe hypertension in pregnancy**

Caesarean section audit – BY DR SHOBHA N GUDI

Participation in **MARCE conference on perinatal psychiatry** with NIMHANS 29th September

All Round Activities

Collecting data and conducting research

Promoting modern research methodology and conduct of research (WILL FIND OUT FROM OTHER MEMBERS)

Measures to encourage young talent research work and prizes awarded to youth

AUDITS – MODIFIED ROBSONS CRITERIA FOR C-SECTION

ORIGINAL MODIFIED ROBSON'S		MARCH 2016		APRIL 2016		MAY 2016		JUNE 2016		JULY 2016	
		C/S rate	Contributor to overall C/S	C/S rate	Contributor to overall C/S	C/S rate	Contributor to overall C/S	C/S rate	Contributor to overall C/S	C/S rate	Contributor to overall C/S
ALL NULLIPARA, SINGLE CEPH, EQUAL TO OR >37 WKS	SPONTANEOUS LAB	17.5	17.7	23	23	9.37	7.7	15.5	11.8	25.97	18.34
NULLIPARA, SINGLE CEPH, EQUAL TO OR >37 WKS	VAG DELIVERED FETAL POSITION UNKNOWN LAB	42.8	30	44	44	49	32.4	39.6	32.8	34.44	31.19
MULTI PARA, SINGLE CEPH, EQUAL TO OR >37 WKS	SPONTANEOUS LAB	1.63	1.11	11.1	11	6.2	3.8	5.55	2.6	18.36	8.25
MULTI PARA, SINGLE CEPH, EQUAL TO OR >37 WKS	VAG DELIVERED FETAL POSITION UNKNOWN LAB	6.25	1.11	11.1	11	14.2	1.2	18.18	7.8	23.07	2.75
>PREV CS , SINGLE, CEPHALIC > 37 WKS	VAG DELIVERED FETAL POSITION UNKNOWN LAB	96.4	30	100	99.9	96.5	36.3	100	30.26	93.93	28.44
ALL NULLIPAROUS BREECH	VAG DELIVERED FETAL POSITION UNKNOWN LAB	100	4.44	100	99.9	100	6.4	100	3.9	100	3.66
ALL MULTIPAROUS BREECH, (INCLUDING PREV CS)	VAG DELIVERED FETAL POSITION UNKNOWN LAB	100	3.33	0	0	100	1.2	100	2.66	100	1.83
ALL MULTIPLE PREG, (INCLUDING PREV CS)	VAG DELIVERED FETAL POSITION UNKNOWN LAB	100	1.11	86	85	100	3.8	0	0	50	1.83
ALL ABNORMAL LIES (INCLUDING PREV CS)	VAG DELIVERED FETAL POSITION UNKNOWN LAB	100	1.11	0	0	100	1.2	0	0	0	0
ALL SINGLE CEPHALIC, <37 WKS	VAG DELIVERED FETAL POSITION UNKNOWN LAB	75	10	100	99.9	55.5	6.4	66	7.8	66.66	3.66

ORIGINAL MODIFIED ROBSON'S		August 2018		September 2018		October 2018		November 2018		December 2018	
		CS rate	Contribution to overall rate	CS rate	Contribution to overall rate	CS rate	Contribution to overall rate	CS rate	Contribution to overall rate	CS rate	Contribution to overall rate
2. NULLIPARA, SINGLE CEPH, EQUAL TO OR >37 WKS	SPONTANEOUS LAB	18.1	17.7	18.1	17.7	32	18	32	18	21.51	16.1
NULLIPARA, SINGLE CEPH, EQUAL TO OR >37 WKS	(B) INDUCED (C) CS BEFORE LABOUR	42.1	25	42.1	25	40.2	31.8	40.2	31.8	54	28.5
MULTI PARA, SINGLE CEPH, EQUAL TO OR >37 WKS	SPONTANEOUS LAB	0	0	0	0	16	9.8	16	9.8	6.9	2.8
MULTI PARA, SINGLE CEPH, EQUAL TO OR >37 WKS	(B) INDUCED (C) CS BEFORE LABOUR	25	4.16	25	4.16	20	6.5	20	6.5	15.7	2.8
PREV CS, SINGLE, CEPHALIC > 37 WKS	(A) SPONTANEOUS LAB										
	(B) INDUCED (C) CS BEFORE LABOUR	92.3	37.5	92.3	37.5	100	9.7	100	9.7	88.6	27.6
ALL NULLIPAROUS BREECH	(A) SPONTANEOUS LAB										
	(B) INDUCED (C) CS BEFORE LABOUR	100	5.2	100	5.2	60	9.2	60	3.2	100	2.8
ALL MULTIPAROUS BREECH, (INCLUDING PREV CS)	(A) SPONTANEOUS LAB										
	(B) INDUCED (C) CS BEFORE LABOUR	100	0	100	0	100	1	100	1	100	1.9
ALL MULTIPLE PREG, (INCLUDING PREV CS)	(A) SPONTANEOUS LAB										
	(B) INDUCED (C) CS BEFORE LABOUR	100	0	100	0	33.3	1	33.3	1	100	9.5
ALL ABNORMAL LIES (INCLUDING PREV CS)	(A) SPONTANEOUS LAB										
	(B) INDUCED (C) CS BEFORE LABOUR	0	0	0	0	0	0	0	0	100	0.9
ALL SINGLE CEPHALIC, <37 WKS	(B) INDUCED (C) CS BEFORE LABOUR	0	1.00	0	1	89.4	18.6	89.4	18.6	63.6	6.6

Analysis

- The CS rate in each group and the contribution to overall section rate was analyzed over the months.
- Class 2a has been given special attention to as it indicates the outcome of successful induction of labour.

Total Caesarean section rate

- Total number of deliveries in the audit period- 2534
- Total number of C sections- 984
- CS rate- $984/2534 \times 100 = 38.8\%$

DATA COLLECTED FROM BAPTIST HOSPITAL

- Data collection conducted at four institutions four centres
- NICE GUIDELINES FOR THIRD STAGE MANAGEMENT

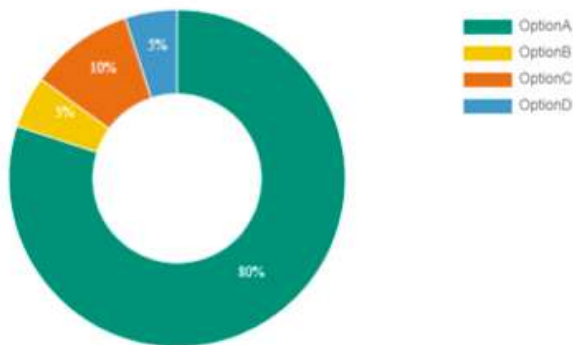
LSCS AUDIT TO BBMP DOCTORS – 28TH JANUARY 2019



➤ SURVEYS - SURVEY ON PROFESSIONAL BURN OUT ROUTE OF HYSTERECTOMY

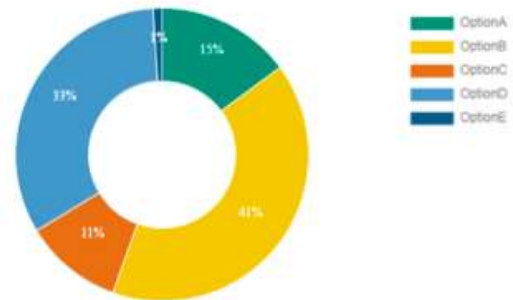
Survey for Route of Hysterectomy

7. Offering a route other than abdominal would benefit your patient, do you feel convinced with the overwhelming evidence ?



D	Options	In Percentage	Count
A	Yes.	80%	105
B	No	5%	6
C	Not sure	10%	13
D	Will update myself with evidence	5%	7

8. In order to change your practice to least invasive or minimally invasive, you look forward to?



ID	Options	In Percentage	Count
A	Surgical workshops.	18%	19
B	Intensive hands on Training session of two weeks.	41%	54
C	Fellowship courses of six months.	11%	14
D	Prefer to assist an established Laproscopic or vaginal surgeon who becomes the chief surgeon after informing the patient	33%	43
E	None of the above	1%	1

➤ FREE PAPERS AND POSTERS PRESENTATION AT ICCOB AND GNANAVARSHA, AICOG AND YUVA SPEAKS IN AICOG



Social activities to promote fellowship amongst members

Social get-togethers, picnics and outstation programmes, talent contests and other non academic programmes



DR. RADHIKA PROPOSED FOR MENTOR MENTEE PROGRAMME AT SOUTH ZONE YUVA FOGSI

14th August 2018 – BSOG completes 50 glorious year. Celebration of golden jubilee year

30th June 2018 – Cultural program for delegates and faculty in ICCOB conference

AICOG 2019 – 8TH – 12TH JANUARY 2019

AICOG ACTIVITIES FOR MEMBERS

Faculty Dinner at Hotel Reniassance

Gala dinner with Shreya Goshal – Shreya Goshal programme

Vijaya Prakash Night

FOGSI has talent – for all FOGSIans

Gagan Gavonkar Show



Activities to promote and protect members' interests

Includes addressing medico legal, supporting members in difficulty and other issues

ONE OF SENIOR MEMBER practicing at a leading corporate hospital was facing a litigation by a patient for birth asphyxia of the neonate resulting in neonatal mortality after three days in NICU. She was WAS GUIDED by the medicolegal cell of BSOG. The sub committee (medicolegal cell of BSOG) meeting was conducted by the president Dr Shobha N Gudi along with Drs Latha Venkatram, Susheela Rani, Jyothika Desai,

Two of members by turn, Dr.Shobha N Gudi, President BSOG and Dr Susheela Rani appeared in court by turn to support our member.

Activities to encourage and promote involvement of young members

Includes involvement in academic, public service and social activities

Involvement in organizational activities

Preparations for the zonal FOGSI Quiz

QUIZ

25th August Screening round for FOGSI Quiz 2018 was conducted

Following were selected

1st Prize – Dr. Smitha V Murthy from Chinmaya Mission Hospital

2nd Prize – Dr. Vasumathi Pasupulete from Manipal Hospital

3rd Prize – Dr. Archana Kaveri from St. Philomenas Hospital

4th Prize – Dr.Spandana S from CSI Hospital

5th Prize – Dr. Syeda Bushera Bano from Chinmaya Mission Hospital

17th February 2019 , Screening round for FOGSI Quiz 2019 was conducted

Following were selected

Dr. SPANDANA from CSI. 1st prize

Dr. SPOORTY. from KC General Hospital. 2nd prize

ASHAKIRAN PARTICIPATED IN TALENT SHOW – THRISSUR YUVA FOGSI 2018

2nd prize in yuva FOGSI Coimbatore winners were.

SPANDANA AND SPOORTI

Involvements of PGS in camps names

Dr. Harini Rangappa

Dr. Akshata

Dr. Atchuta

Dr. Shubhashree Kapil

Awards, initiatives and innovations

Prizes, awards and academic distinctions received by society members from FOGSI, government, universities and other organizations

Any other Innovative and unique activities or projects not included above

22nd Feb 2019. Sai Ashram, Mudennahalli where BSOG was felicitated and Dr. Shobha Gudi pride moment for receiving an award for services rendered by BSOG for the Divine Mother and Child Program. Dr. Shobha Gudi, Dr. Jyothi G S, Dr. Shubha Rao and Dr. Anuradha attended the program



AWARDS RECEIVED BY MEMBERS

Dr. Kamini A Rao Received FOGSI Lifetime Achievement Award



Dr. Kamini A Rao also Received Times Excellence Award

Dr. Hema Divakar Received Global Asian Award 2019

Dr. Hema Divakar - Felicitated By Rajarajeshwari Medical College



- Dr. Shobha N Gudi Elected As Chairperson Family Welfare Committee FOGSI

Dr. Sunanda Kulkarni - Mahila Vaidyaratna Award



Dr. Pushpa Srinivas - Felicitated for work on Preventive Oncology by RGUHS



Dr. Rekha Rajendrakumar - Sunpure Superwomen Award



Dr. Uma Seshagiri - For Exemplary work as IMAB President 2014-16 By IMAB



Dr. Apoorva Pallam Reddy - Invited as Young Women by Rajgeep Sardesai



FOGSI Awards And Prizes

- Dr. Ramya V R - I Prize - Infertility - Dr Jagadishwari Misra Prize
- Dr. Divya V - I Prize - Mrs. Indumathi Jhaveri Prize
- Dr. Suvarchala Katakam I Prize - Dr. C S Dawn Prize
- Dr. Vedavathy Nayak - I Prize - Dr. C S Dawn Prize
- Dr. Sarojini - I Prize - Dr. C S Dawn Prize
- Dr. Sonal Muruka - li Prize - Reproductive Health - Dr.Jagadishwari Misra Prize
- Dr. Gaana Sreenivas li Prize - Mrs. Indumathi Jhaveri Prize
- Dr. Shubha L - li Prize - Amrendranath Dan Prize
- Dr. Akkamahadevi Hiremath li Prize – Miscellaneous
- Dr. Prerna Jhavar lii Prize - Dr. C S Dawn Prize
- Dr. Anuvi - lii Prize - Chandravathi Devi Jagannath Singh Prize

Other Achievements

Dr. Kavyarani C - University Topper, DGO, BMCRI 2018

Dr. Arulmozhi Ramarajan was awarded with Life Time Achievement award 2018 by BSOG



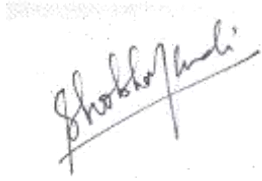
Dr. Srimani Rajagopalan was awarded with Life Time achievement award 2018 by BSOG



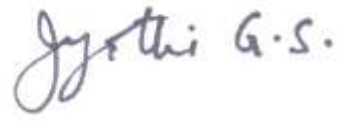
Dr. Malini K V was awarded with Best Teacher Award 2018 by BSOG



Thanking you

A handwritten signature in blue ink, appearing to read "Shobha Prasad", written in a cursive style.

Signature of President

A handwritten signature in blue ink, appearing to read "Jyothi G.S.", written in a cursive style.

Signature of Secretary